

September 2-8, 2018

| | 2 | 3 | 4 | 5 | 6 | 7 | 8 |
|---------------|---|---|--|--|--|---|---|
| | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| LUNCH | Tossed Salad Soup Du Jour Assorted Hot Bread | Join us for a Labor Day cookout on the Patio weather permitting | Tossed Salad Soup Du Jour Hot Biscuits | Tossed Salad Soup Du Jour Garlic Bread | Tossed Salad Soup Du Jour Assorted Hot Bread | Tossed Salad Soup Du Jour Biscuit | Tossed Salad Soup Du Jour Assorted Hot Bread |
| | Baked Ham Roasted Fuji Apple Steamed Green Bean | Hamburger Hot Dog Grilled Chicken | Chicken Casserole Creamed Peas Steamed Broccoli | Meatloaf Eggs Noodle Steamed Carrots | Grilled Salmon Jasmine Rice Steamed Spinach | Beef Steak /w Gravy Mashed Potatoes Steamed Carrots | Chicken Wings* Cole Slaw Baked Beans |
| | Broccol & Cheddar Quiche Strawberry Salad | Potato Salad Colslow Baked Beans Corn of Cob | Bologna^* Sandwich Onion Ring Chefs choice Salad | Fish fillet Sandwich French Fries Chefs choice Salad | Grilled Chicken Sandwich Potato Salad Chefs Salad | Turkey Salad on Croissants Tater Tots Chef's Choice Salad | Ham and Cheese on Rye Onion Ring Cottage Cheese in Tomato |
| | Carrot Cake Fresh Fruit/Ice cream | Watermelon Ice cream Ice Corn | Peach Cobbler Fresh Fruit/Ice cream | Lemon Cake Fresh Fruit/Ice cream | Gelatin w/ Fruit Cocktail Fresh Fruit/Ice cream | Sweet Potato pie Fresh Fruit/Ice cream | Red Velvet Cake Fresh Fruit/Ice cream |
| DINNER | Tossed Salad Soup Du Jour Garlic Bread | Tossed Salad Soup Du Jour Assorted Hot Bread | Tossed Salad Soup Du Jour Garlic Bread | Tossed Salad Soup Du Jour Assorted Hot Bread | Tossed Salad Soup Du Jour Garlic Bread | Tossed Salad Soup Du Jour Assorted Hot Bread | Tossed Salad Soup Du Jour Assorted Hot Bread |
| | Pan Fried Tilapia Meat Lasagna | Roasted Turkey w/ Gravy Manicotti | Salmon Croquette Spaghetti with Meat sauce W/ Marinara Sauce | Stir Fry Chicken Baked Cod fillet | BBQ Spare Rib Vegetable Lasagna | Crab cake Grilled Italian chicken Breast | Beef Tenderloin Three Cheese Ravioli W/ Red or white Sauce |
| | Key largo Vegetable Buttered Egg Noodles Steamed Kale | Baked Sweet Potato Sautéed Spinach Capri Vegetable Blend | Baked Potato Fresh Asparagus Steamed Squash | Fried Rice Venetian Vegetable Blend Penne Pasta | Green Bean Casserole Sliced Baked Beets Cole Slaw | Baked Winter Squash Steamed Asparagus Wild Rice | Mushrooms and Peppers San Franciscan Blend Veggies Baked Potato |
| | Chocolate Cake Fresh Fruit/Ice cream Cookies | Pecan Pie Fresh Fruit/Ice cream Cookies | Cheese Cake Fresh Fruit/Ice cream Cookies | Chef's Choice Fresh Fruit/Ice cream Cookies | Van Cake w/Chocolate Icing Fresh Fruit/Ice cream Cookies | Coffee Cake Fresh Fruit/Ice cream Cookies | Pecan Pie Fresh Fruit/Ice cream Cookies |

Our food is prepared without the addition of salt, salt and salt free seasonings are available at the table. Menu changes may occur based on upon availability of foods.

Please note on your individual menu if you would like smaller or larger portions or entrees without sauce.

*** Items marked may be commercially prepared foods and may contain more sodium and fat than minimally processed "made from scratch"**

September 9-15, 2018

| | 9 | 10 | 11 | 12 | 13 | 14 | 15 |
|--------|--|---|--|--|---|---|---|
| | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| LUNCH | Tossed Salad Soup Du Jour Roasted Chicken Steamed Broccoli Macaroni and cheese Egg Salad Sandwich Grilled Steak Salad Chocolate Cake Fresh Fruit/Ice cream | Join us for a Cruise Ship inspired Buffett in the Bistro Huli huli chicken Pineapple Shrimp Spring Rolls Okinawa Sweet Potatoes Rice Cupcakes Fresh fruit | Tossed Salad Soup Du Jour Spaghetti with Meat Sauce Garlic Bread Zucchini Casserole Cottage Cheese W/ Tomato Ham Salad Sandwich w/chips Pound Cake Fresh Fruit/Ice cream | Tossed Salad Soup Du Jour Baked Ham Yams Broccoli Rice Casserole Chefs Choice Salad Sloppy Joe with Fries Lemon Cake Fresh Fruit/Ice cream | Join us for a Drive -in Movie Theater inspired menu Cheeseburgers Corn Dogs Chicken Tenders French Fries Onion Rings Chocolate Shakes Ice Cream Novelties | Join us for Western Day Beef and Pork Pulled BBQ Sandwiches Baked Beans Potato Salad Green Beans Apple Pie Fresh Fruit/Ice cream | Tossed Salad Soup Du Jour Grilled Shrimp Crispy Fried Potatoes* Steamed Brussel Sprouts Hamburger Chef choice Salad Banana Cream Pie |
| DINNER | Tossed Salad Soup Du Jour Crab Stuffed Tilapia Baked Ham* Baked Sweet Potato Basmati Rice Steamed Asparagus Steamed Squash Chef Choice Fresh Fruit/Ice cream Cookies | Tossed Salad Soup Du Jour Grilled Chicken Veal Parmesan Parsley Noodles Green Beans Garlic Red Potato Carrots Cheese Cake Fresh Fruit/Ice cream Cookies | Tossed Salad Soup Du Jour Open Hot Roasted Turkey Sand Grilled Shrimp Mashed Potato W /Gravy Peas Steamed Broccoli Stewed Tomatoes Peach Pie Fresh Fruit/Ice cream Cookies | Tossed Salad Soup Du Jour Teriyaki Chicken Baked Cod fillet Whole Wheat Pasta Brown Rice Steamed Kale Spring Vegetable Blend Red velvet cake Fresh Fruit/Ice cream Cookies | Tossed Salad Soup Du Jour Crab Stuffed Flounder Roasted Pork Tenderloin Scalloped Potatoes Baby Carrot Chefs Vegetable Bland Baked Butternut Squash Pumpkin Pie Fresh Fruit/Ice cream Cookies | Tossed Salad Soup Du Jour Rainbow Trout Beef Stir Fry Roasted Baby Potato Rice Blend Fresh Asparagus Fried Breaded Okra Angel Food Cake Fresh Fruit/Ice cream Cookies | Tossed Salad Soup Du Jour Pot Roast w/Gravy Chicken Alfredo Mashed Potato w/Gravy Steamed Baby Carrot Steamed Broccoli Assorted Desserts Fresh Fruit/Ice cream Cookies |

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September 16-22, 2018

| | 16 | 17 | 18 | 19 | 20 | 21 | 22 |
|--------|---|---|---|---|---|---|---|
| | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| LUNCH | Tossed Salad Soup Du Jour Assorted Hot Bread Hawaiian Pineapple Ham Macaroni Cheese Green Bean Almandine Bacon Lettuce and Tomato Pineapple/Cottage Cheese+ Cake Fresh Fruit/Ice cream | Tossed Salad Soup Du Jour Assorted Hot Bread Herbed Baked Tilapia W/ Lemon Garlic Butter Broccoli Rice Casserole Grilled Cheese with Tomato Trio Salad Plate* Lemon Cake Fresh Fruit/Ice cream | Tossed Salad Soup Du Jour Assorted Hot Bread Cheese Broccoli Stuffed- Chicken Cooked Cabbage French Fries BBQ Beef* Sandwich Turkey Salad Plate Apple Dumplings Fresh Fruit/Ice cream | Tossed Salad Soup Du Jour Cheddar Biscuit Turkey Chili Cole slaw Steamed Broccoli Corn Nuggets*^ Steak & Cheese w/Pota: Wedges Cobb Salad Coconut Cream Pie Fresh Fruit/Ice cream | Tossed Salad Soup Du Jour Assorted Hot Bread Chicken Tenders Cream Peas Steamed Carrot Potato Salad Turkey Salad Sandwich Chef Salad Banana Pudding Fresh Fruit/Ice cream | Tossed Salad Soup Du Jour Assorted Hot Bread Pub Battered Cod^ Coleslaw Baked Potato Chicken Parmesan Hoagie Ham Salad Plate Gelatin Fresh Fruit/Ice cream | Tossed Salad Soup Du Jour Assorted Hot Bread Marinated Grilled Chicken Steamed Chef Choice Green Beans Ham and Cheese Sandwich Onion Ring Trio Salad Plate Pound Cake w/ Strawberries Fresh Fruit/Ice cream |
| DINNER | Tossed Salad Soup Du Jour Assorted Hot Bread Shrimp Fettuccine Roasted Turkey w/Gravy Corn Bread stuffing Steamed Baby Carrots Steamed Asparagus Mashed Potato W/Gravy Peach Cobbler Fresh Fruit/Ice cream Cookies | Tossed Salad Soup Du Jour Assorted Hot Bread Roasted pork Loin Southern Style Catfish Steamed Sweet Corn Jasmine rice Butternut Squash Steamed Green Beans Coconut Custard pie Fresh Fruit/Ice cream Cookies | Tossed Salad Soup Du Jour Assorted Hot Bread Pot Roast w/ Gravy Three Cheese Tortellini Red and White Sauce Steamed Cauliflower Roasted Baby Potato Chef Choice vegetable Frosted Cake Fresh Fruit/Ice cream Cookies | Tossed Salad Soup Du Jour Assorted Hot Bread Chicken piccata Meatloaf Mashed Red Potatoes- W/Gravy Fresh Asparagus Roasted Pepper Medley Wild Rice Reeses Pie Fresh Fruit/Ice cream Cookies | Tossed Salad Soup Du Jour Garlic Bread Grilled Shrimp Meat Lasagna Brown Rice Steamed Yellow Squash Sautéed Baby Spinach Apple Streusel Coffee Cake Fresh Fruit/Ice cream Cookies | Tossed Salad Soup Du Jour Assorted Hot Bread BBQ Pork Ribs Chicken marsala Potato Salad* Egg Noodles Lemon Steamed Broccoli Chef Choice Vegetable Assorted Cake Fresh Fruit | Tossed Salad Soup Du Jour Assorted Hot Bread Pot Roast w/ Gravy Salmon w/ Garlic Tomato Sauce Mashed Potato W/Gravy Wild Rice Steamed Asparagus Baby Carrots Cheese Cake Fresh Fruit/Ice cream Cookies |

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September 23-29, 2018

| | 23 | 24 | 25 | 26 | 27 | 28 | 29 |
|--------|---|---|--|---|--|--|---|
| | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| LUNCH | Tossed Salad Soup Du Jour Assorted Hot Bread | Tossed Salad Soup Du Jour Assorted Hot Bread | Tossed Salad Soup Du Jour Assorted Hot Bread | Tossed Salad Soup Du Jour Assorted Hot Bread | Tossed Salad Soup Du Jour Assorted Hot Bread | Tossed Salad Soup Du Jour Assorted Hot Bread | Tossed Salad Soup Du Jour Assorted Hot Bread |
| | Chicken Cordon Bleu Italian Vegetable Blend Peas | Beef Burgundy Fettucine Glazed Carrots | Cheese/Veggie Pizza Steamed Succotash | Roasted Chicken Macaroni & Cheese* Steamed Broccoli | Roasted Tukey Mashed Potatoes Green Beans | Spiral Sliced ham Sweet Potatoes Creamed Peas | Corned Beef Cooked Cabbage Root Vegetable Medley |
| | Tuna Salad/ Potato Salad Cobb Salad | Southwestern Wrap Chef Choice Salad | BBQ Sandwich/Fries Greek Salad | Ham Salad Sandwich Pineapple /cottage cheese+ | Egg Salad Sandwich Trio Salad* Plate | Hot Dogs/ Chili/fries Chef Choice Salad | Grilled Cheese Sandwich Chef Salad |
| | Chocolate Cake Fresh Fruit/Ice cream | Fruited Gelatin Fresh Fruit/Ice cream | Coconut Cake Fresh Fruit/Ice cream | Yellow cake w/ strawberries Fresh Fruit/Ice cream | Assorted Cakes/Pies Fresh Fruit/Ice cream | Lime Gelatin with Pineapple Fresh Fruit/Ice cream | Cheese Cake Fresh Fruit/Ice cream |
| DINNER | Tossed Salad Soup Du Jour Assorted Hot Bread | Tossed Salad Soup Du Jour Assorted Hot Bread | Tossed Salad Soup Du Jour Assorted Hot Bread | Tossed Salad Soup Du Jour Garlic Bread | Tossed Salad Soup Du Jour Assorted Hot Bread | Tossed Salad Soup Du Jour Assorted Hot Bread | Tossed Salad Soup Du Jour Assorted Hot Bread |
| | Spaghetti and Meatballs* Baked Tilapia Lemon Butter | Stir Fry Chicken Shrimp Scampi | Pork Loin Pan Fried Tilapia | Quiche Lorraine Chicken Parmesan W/ -Marinara Sauce | Grilled Italian Chicken Breast Grilled Ham and Cheese | Seafood Platter Pot Roast W/Gravy | Grilled Salmon Grilled Shoulder tender Steak |
| | Herbed Couscous Steamed Broccoli Mixed Vegetables Garlic Bread | Baked Potato Steamed Squash Medley Brown Rice | Basmati Rice Mashed Potato w/ gravy Steam Kale Steamed Sweet Corn | Fettuccine Kyoto Vegetable Bland Steamed Spinach | Wild Rice Venetian Vegetable Blend French Fries | Mashed Potato Steamed Chef Choice Cole Slaw | Rice Florentine Roasted Baby Potato Sautéed Pepper and Mushroom Steamed Broccoli |
| | Apple Pie Fresh Fruit/Ice cream Cookies | Cherry Cobbler Fresh Fruit/Ice cream Cookies | Cheese Cake Fresh Fruit/Ice cream Cookies | Angel Food Cake Fresh Fruit/Ice cream Cookies | Apple Cobbler Fresh Fruit/Ice cream Cookies | Orange Cake Fresh Fruit/Ice cream Cookies | Chocolate Pie Fresh Fruit/Ice cream Cookies |

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September 30- October 6, 2018

| | 30 | 1 | 2 | 3 | 4 | 5 | 6 |
|--------|---|--|--|--|---|---|---|
| | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| LUNCH | Tossed Salad Soup Du Jour Assorted Hot Bread | Tossed Salad Soup Du Jour Assorted Hot Bread | Tossed Salad Soup Du Jour Hot Biscuits | Tossed Salad Soup Du Jour Garlic Bread | Tossed Salad Soup Du Jour Assorted Hot Bread | Tossed Salad Soup Du Jour Biscuit | Tossed Salad Soup Du Jour Assorted Hot Bread |
| | Baked Ham Roasted Fuji Apple Steamed Green Bean | Hot Roast Beef Sandwich Mashed Potatoes Green Beans | Chicken Casserole Creamed Peas Steamed Broccoli | Meatloaf Eggs Noodle Steamed Carrots | Grilled Salmon Jasmine Rice Steamed Spinach | Beef Steak /w Gravy Mashed Potatoes Steamed Carrots | Chicken Wings* Cole Slaw Baked Beans |
| | Broccol & Cheddar Quiche | Crab Cake Sandwich Coleslaw | Bologna^* Sandwich Onion Ring Chefs choice Salad | Fish fillet Sandwich French Fries Chefs choice Salad | Grilled Chicken Sandwich Potato Salad Chefs Salad | Turkey Salad on Croissants Tater Tots Chef's Choice Salad | Ham and Cheese on Rye Onion Ring Cottage Cheese in Tomato |
| | Strawberry Salad | Cottage Cheese/Fruit Plate+ | | | | | |
| | Carrot Cake Fresh Fruit/Ice cream | Gelatin with Fruit Fresh Fruit/Ice cream | Peach Cobbler Fresh Fruit/Ice cream | Lemon Cake Fresh Fruit/Ice cream | Gelatin w/ Fruit Cocktail Fresh Fruit/Ice cream | Sweet Potato pie Fresh Fruit/Ice cream | Red Velvet Cake Fresh Fruit/Ice cream |
| DINNER | Tossed Salad Soup Du Jour Garlic Bread | Tossed Salad Soup Du Jour Assorted Hot Bread | Tossed Salad Soup Du Jour Garlic Bread | Tossed Salad Soup Du Jour Assorted Hot Bread | Tossed Salad Soup Du Jour Garlic Bread | Tossed Salad Soup Du Jour Assorted Hot Bread | Tossed Salad Soup Du Jour Assorted Hot Bread |
| | Pan Fried Tilapia Meat Lasagna | Roasted Turkey w/ Gravy Manicotti | Salmon Croquette Spaghetti with Meat sauce W/ Marinara Sauce | Stir Fry Chicken Baked Cod fillet | BBQ Spare Rib Vegetable Lasagna | Crab cake Grilled Italian chicken Breast | Beef Tenderloin Three Cheese Ravioli W/ Red or white Sauce |
| | Key largo Vegetable Buttered Egg Noodles Steamed Kale | Baked Sweet Potato Sautéed Spinach Capri Vegetable Blend | Baked Potato Fresh Asparagus Steamed Squash | Fried Rice Venetian Vegetable Blend Penne Pasta | Green Bean Casserole Sliced Baked Beets Cole Slaw | Baked Winter Squash Steamed Asparagus Wild Rice | Mushrooms and Peppers San Franciscan Blend Veggies Baked Potato |
| | Chocolate Cake Fresh Fruit/Ice cream Cookies | Pecan Pie Fresh Fruit/Ice cream Cookies | Cheese Cake Fresh Fruit/Ice cream Cookies | Chef's Choice Fresh Fruit/Ice cream Cookies | Carrot Cake Fresh Fruit/Ice cream Cookies | Cup Cakes Fresh Fruit/Ice cream Cookies | Pecan Pie Fresh Fruit/Ice cream Cookies |

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