

# APRIL 1-7, 2018

	1	2	3	4	5	6	7
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LUNCH	Tossed Salad Soup Du Jour Assorted Hot Bread  Hawaiian Pineapple Ham Macaroni Cheese Green Bean Almondine  Bacon Lettuce and Tomato Pineapple/Cottage Cheese+  Cake Fresh Fruit/Ice cream	Tossed Salad Soup Du Jour Assorted Hot Bread  Herbed Baked Tilapia W/ Lemon Garlic Butter Broccoli Rice Casserole  Grilled Cheese with Tomato Trio Salad Plate*  Lemon Cake Fresh Fruit/Ice cream	Tossed Salad Soup Du Jour Assorted Hot Bread  Cheese Broccoli Stuffed- Chicken Cooked Cabbage French Fries  BBQ Beef* Sandwich Turkey Salad Plate  Apple Dumplings Fresh Fruit/Ice cream	Tossed Salad Soup Du Jour Cheddar Biscuit  Turkey Chili Cole slaw Steamed Broccoli  Cheese Steak w Pot Wedges Cobb Salad  Gelatin Fresh Fruit/Ice cream	Tossed Salad Soup Du Jour Assorted Hot Bread  Chicken Tenders Cream Peas Steamed Carrot  Turkey Salad Sandwich Chef Salad  Banana Pudding+ Fresh Fruit/Ice cream	Tossed Salad Soup Du Jour Assorted Hot Bread  Pub Battered Cod^ Coleslaw Baked Potato  Chicken Parmesan Hoagie Fiesta Chicken Salad  Lemon Meringue Pie Fresh Fruit/Ice cream	Tossed Salad Soup Du Jour Assorted Hot Bread  Marinated Grilled Chicken Steamed Chef Choice Green Beans  Ham and Cheese Sandwich Onion Ring Trio Salad Plate  Pound Cake w/ Strawberries Fresh Fruit/Ice cream
DINNER	Tossed Salad Soup Du Jour Assorted Hot Bread  Shrimp Fettuccine Roasted Turkey w/Gravy  Corn Bread stuffing Steamed Baby Carrots Steamed Asparagus Mashed Potato  Peach Cobbler Fresh Fruit/Ice cream Cookies	Tossed Salad Soup Du Jour Assorted Hot Bread  Roasted pork Loin Southern Style Catfish  Steamed Spinach Jasmine rice Butternut Squash Steamed Green Beans  Coconut Custard pie Fresh Fruit/Ice cream Cookies	Tossed Salad Soup Du Jour Assorted Hot Bread  Pot Roast w/ Gravy Three Cheese Tortellini Red and White Sauce  Roasted parsnips Roasted Red potato Chef Choice vegetable  Frosted Cake Fresh Fruit/Ice cream Cookies	Tossed Salad Soup Du Jour Assorted Hot Bread  Chicken piccata Meatloaf  Mashed Baby Potatoes Wild Rice Fresh Asparagus Roasted Pepper Medley  Blackberry Cobbler Fresh Fruit/Ice cream Cookies	Tossed Salad Soup Du Jour Garlic Bread  Grilled Shrimp Meat Lasagna  Brown Rice Steamed Yellow Squash Sautéed Baby Spinach  Apple Streusel Coffee Cake Fresh Fruit/Ice cream Cookies	Tossed Salad Soup Du Jour Assorted Hot Bread  BBQ Pork Ribs Chicken marsala  Cole Slaw Egg Noodles Lemon Steamed Broccoli Chef Choice Vegetable  Assorted Cake Fresh Fruit	Tossed Salad Soup Du Jour Assorted Hot Bread  Pot Roast w/ Gravy Salmon w/ Garlic Tomato Sauce  Mashed Potato Wild Rice Steamed Asparagus Baby Carrots  Cheese Cake Fresh Fruit/Ice cream Cookies

Our food is prepared without the addition of salt, salt and salt free seasonings are available at the table. Menu changes may occur based on upon availability of foods.

Have a taste for something? Please give us a call at x 3847 to inquire about availability. Please note on your individual menu if you would like smaller or larger portions or entrees without sauce.

\* Items marked may be commercially prepared foods and may contain more sodium and fat than minimally processed "made from scratch"

# APRIL 8-14, 2018

	8	9	10	11	12	13	14
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LUNCH	Tossed Salad Soup Du Jour Assorted Hot Bread  Chicken Cordon Bleu Italian Vegetable Blend Peas  Tuna Salad Sandwich Potato Salad Cobb Salad  Chocolate Cake Fresh Fruit/Ice cream	Tossed Salad Soup Du Jour Assorted Hot Bread  Beef Burgundy Corn Muffin Fettucine Glazed Carrots  Southwestern Wrap Chef Choice Salad  Fruited Gelatin Fresh Fruit/Ice cream	Tossed Salad Soup Du Jour Assorted Hot Bread  Cheese/Veggie Pizza  Steamed Succotash  BBQ Sandwich French Fries Greek Salad  Coconut Cake Fresh Fruit/Ice cream	Tossed Salad Soup Du Jour Assorted Hot Bread  Roasted Chicken Macaroni & Cheese* Steamed Broccoli  Chicken Salad Sandwich Chef Salad Pineapple /cottage cheese+  Yellow cake w/ strawberries Fresh Fruit/Ice cream	Tossed Salad Soup Du Jour Assorted Hot Bread  Roasted Tukey Mashed Potatoes Green Beans  Egg Salad Sandwich Trio Salad* Plate  Assorted Cakes/Pies Fresh Fruit/Ice cream	Tossed Salad Soup Du Jour Assorted Hot Bread  Spiral Sliced ham Sweet Potatoes Creamed Peas  Hot Dogs/ Chili/fries Chef Choice Salad  Lime Gelatin with Pineapple Fresh Fruit/Ice cream	Tossed Salad Soup Du Jour Assorted Hot Bread  Corned Beef Cooked Cabbage Root Vegetable Medley  Grilled Cheese Sandwich Chef Salad  Cheese Cake Fresh Fruit/Ice cream
DINNER	Tossed Salad Soup Du Jour Assorted Hot Bread  Spaghetti and Meatballs* Baked Tilapia Lemon Butter  Herbed Couscous Steamed Broccoli Mixed Vegetables Garlic Bread  Apple Pie Fresh Fruit/Ice cream Cookies	Tossed Salad Soup Du Jour Assorted Hot Bread  Grilled Chicken Salad Shrimp Scampi  Baked Potato Steamed Squash Medley Brown Rice  Cherry Cobbler Fresh Fruit/Ice cream Cookies	Tossed Salad Soup Du Jour Assorted Hot Bread  Pork Loin Pan Fried Tilapia  Basmati Rice Mashed Potato w/ gravy Steam Kale Steamed Sweet Corn  Cheese Cake Fresh Fruit/Ice cream Cookies	Tossed Salad Soup Du Jour Garlic Bread  Quiche Lorraine Chicken Parmesan W/ -Marinara Sauce Fettuccine Kyoto Vegetable Bland Steamed Spinach  Angel Food Cake Fresh Fruit/Ice cream Cookies	Tossed Salad Soup Du Jour Assorted Hot Bread  Grilled Italian Chicken Breast Grilled Ham and Cheese  Wild Rice Venetian Vegetable Blend French Fries  Apple Cobbler Fresh Fruit/Ice cream Cookies	Tossed Salad Soup Du Jour Assorted Hot Bread  Seafood Platter Pot Roast W/Gravy  Mashed Potato Steamed Chef Choice Cole Slaw  Orange Cake Fresh Fruit/Ice cream Cookies	Tossed Salad Soup Du Jour Assorted Hot Bread  Grilled Salmon Grilled Shoulder tender Steak  Rice Florentine Roasted Baby Potato Sautéed Pepper and Mushroom Steamed Broccoli  Blackberry Cobbler Fresh Fruit/Ice cream Cookies

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# APRIL 15-21, 2018

15	16	17	18	19	20	21
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Tossed Salad Soup Du Jour Assorted Hot Bread	Tossed Salad Soup Du Jour Assorted Hot Bread	Tossed Salad Soup Du Jour Hot Biscuits	Tossed Salad Soup Du Jour Garlic Bread	Tossed Salad Soup Du Jour Assorted Hot Bread	Tossed Salad Soup Du Jour Biscuit	Tossed Salad Soup Du Jour Assorted Hot Bread
Hot Roast Beef Sandwich Mashed Potatoes Green Beans	Baked Ham Roasted Fuji Apple Steamed Green Bean	Chicken Casserole Creamed Peas Steamed Broccoli	Meatloaf Eggs Noodle Steamed Carrots	Grilled Salmon Jasmine Rice Steamed Spinach	Beef Steak /w Gravy Mashed Potatoes Steamed Carrots	Chicken Wings* Cole Slaw Baked Beans
Fried Chicken Tender  Strawberry Salad	Crab Cake Sandwich Coleslaw Cottage Cheese/Fruit Plate+	Bologna^* Sandwich Onion Ring Chefs choice Salad	Seafood Salad Sandwich French Fries Chefs choice Salad	Grilled Chicken Sandwich Potato Salad Chefs Salad	Turkey Burger Tater Tots Chef's Choice Salad	Ham and Cheese on Rye Onion Ring Cottage Cheese in Tomato
Carrot Cake Fresh Fruit/Ice cream	Gelatin with Fruit Fresh Fruit/Ice cream	Peach Cobbler Fresh Fruit/Ice cream	Lemon Cake Fresh Fruit/Ice cream	Gelatin w/ Fruit Cocktail Fresh Fruit/Ice cream	Sweet Potato pie Fresh Fruit/Ice cream	Red Velvet Cake Fresh Fruit/Ice cream
Tossed Salad Soup Du Jour Garlic Bread	Tossed Salad Soup Du Jour Assorted Hot Bread	Tossed Salad Soup Du Jour Garlic Bread	Tossed Salad Soup Du Jour Assorted Hot Bread	Tossed Salad Soup Du Jour Garlic Bread	Tossed Salad Soup Du Jour Assorted Hot Bread	Tossed Salad Soup Du Jour Assorted Hot Bread
Pan Fried Tilapia Meat Lasagna	Roasted Turkey w/ Gravy Manicotti	Salmon Croquette Spaghetti with Meat sauce W/ Marinara Sauce	Stir Fry Chicken Baked Cod fillet	BBQ Spare Rib Vegetable Lasagna	Crab cake Grilled Italian chicken Breast	Beef Tenderloin Three Cheese Ravioli W/ Red or white Sauce
Key Largo Vegetable Buttered Egg Noodles Steamed Kale	Baked Sweet Potato Sautéed Spinach Capri Vegetable Blend	Baked Potato Fresh Asparagus Steamed Squash	Fried Rice Venetian Vegetable Blend Penne Pasta	Green Bean Casserole Sliced Baked Beets Cole Slaw	Baked Winter Squash Steamed Asparagus Wild Rice	Mushrooms and Peppers San Franciscan Blend Veggies Baked Potato
Chocolate Cake Fresh Fruit/Ice cream Cookies	Pecan Pie Fresh Fruit/Ice cream Cookies	Cheese Cake Fresh Fruit/Ice cream Cookies	Chef's Choice Fresh Fruit/Ice cream Cookies	Carrot Cake Fresh Fruit/Ice cream Cookies	Coffee Cake Fresh Fruit/Ice cream Cookies	Pecan Pie Fresh Fruit/Ice cream Cookies

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# APRIL 22-28, 2018

	22	23	24	25	26	27	28
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LUNCH	Tossed Salad Soup Du Jour	Tossed Salad Soup Du Jour	Tossed Salad Soup Du Jour	Tossed Salad Soup Du Jour	Tossed Salad Soup Du Jour	Tossed Salad Soup Du Jour	Tossed Salad Soup Du Jour
	Roasted Chicken Steamed Broccoli Macaroni and cheese	Roasted Pork Steamed Kale Black-eyed Peas	Spaghetti with Meat Sauce Garlic Bread Zucchini Casserole	Baked Ham Yams Broccoli Rice Casserole	Southern Fried Chicken+ Green Beans Sweet Potato Fries	Three Cheese Ravioli Mariana or Alfredo Sauce Steamed Zucchini	Grilled Shrimp Crispy Fried Potatoes*
DINNER	Egg Salad Sandwich Grilled Steak Salad	Warm Chicken Ranch Wrap Chef Salad	Cottage Cheese W/ Tomato Ham Salad Sandwich w/chips	Chefs Choice Salad Sloppy Joe with Fries	Hot Dog/Chili/Fries Chicken BLT Salad	Turkey Reuben w/ Onion Rings Shrimp Salad	Steamed Brussel Sprouts
	Chocolate Cake Fresh Fruit/Ice cream	Carrot Cake Fresh Fruit/Ice cream	Pound Cake Fresh Fruit/Ice cream	Lemon Cake Fresh Fruit/Ice cream	Jell-O with Fruit Cocktail+ Fresh Fruit/Ice cream	Berry Cobbler Fresh Fruit/Ice cream	Hamburger Chef choice Salad  Red Velvet Cake Fresh Fruit/Ice cream
	Tossed Salad Soup Du Jour	Tossed Salad Soup Du Jour	Tossed Salad Soup Du Jour	Tossed Salad Soup Du Jour	Tossed Salad Soup Du Jour	Tossed Salad Soup Du Jour	Tossed Salad Soup Du Jour
	Crab Stuffed Tilapia Baked Ham*	Grilled Chicken Veal Parmesan	Hot Turkey Sandwich/Gravy Grilled Shrimp	Teriyaki Chicken Baked Cod fillet	Crab Stuffed Flounder Roasted Pork Tenderloin	Rainbow Trout Beef Stir Fry	Pot Roast w/Gravy Chicken Alfredo
	Baked Sweet Potato Basmati Rice Steamed Asparagus Steamed Squash	Parsley Noodles Green Beans Garlic Red Potato Carrots	Mashed Potato Peas Steamed Broccoli Stewed Tomatoes	Whole Wheat Pasta Brown Rice Steamed Kale Venetian Vegetable Blend	Scalloped Potatoes Baby Carrot Chefs Vegetable Bland Baked Butternut Squash	Roasted Baby Potato Rice Blend Fresh Asparagus Fried Okra w/Onion	Mashed Potato w/Gravy Steamed Baby Carrot Steamed Broccoli
	Chef Choice Fresh Fruit/Ice cream Cookies	Cheese Cake Fresh Fruit/Ice cream Cookies	Peach Pie Fresh Fruit/Ice cream Cookies	Red velvet cake Fresh Fruit/Ice cream Cookies	Pumpkin Pie Fresh Fruit/Ice cream Cookies	Angel Food Cake Fresh Fruit/Ice cream Cookies	Assorted Desserts Fresh Fruit/Ice cream Cookies

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# APRIL 29 - May 5, 2018

	29	30	1	2	3	4	5
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LUNCH	Tossed Salad Soup Du Jour Assorted Hot Bread	Tossed Salad Soup Du Jour Assorted Hot Bread	Tossed Salad Soup Du Jour Assorted Hot Bread	Tossed Salad Soup Du Jour Cheddar Biscuit	Tossed Salad Soup Du Jour Assorted Hot Bread	Tossed Salad Soup Du Jour Assorted Hot Bread	Tossed Salad Soup Du Jour Assorted Hot Bread
	Hawaiian Pineapple Ham Macaroni Cheese Green Bean Almandine	Herbed Baked Tilapia W/ Lemon Garlic Butter Broccoli Rice Casserole	Cheese Broccoli Stuffed- Chicken Cooked Cabbage French Fries	Turkey Chili Cole slaw Steamed Broccoli	Chicken Tenders Cream Peas Steamed Carrot Potato Salad	Pub Battered Cod^ Coleslaw Baked Potato	Marinated Grilled Chicken Steamed Chef Choice Green Beans
DINNER	Bacon Lettuce and Tomato Pineapple/Cottage Cheese+	Grilled Cheese with Tomato Trio Salad Plate*	BBQ Beef* Sandwich Turkey Salad Plate	Corn Nuggets*^ Cheese Steak w Pot Wedges Cobb Salad	Turkey Salad Sandwich Chef Salad	Chicken Parmesan Hoagie Fiesta Chicken Salad	Ham and Cheese Sandwich Onion Ring Trio Salad Plate
	Cake Fresh Fruit/Ice cream	Lemon Cake Fresh Fruit/Ice cream	Apple Dumplings Fresh Fruit/Ice cream	Coconut Cream Pie Fresh Fruit/Ice cream	Banana Pudding+ Fresh Fruit/Ice cream	Gelatin Fresh Fruit/Ice cream	Pound Cake w/ Strawberries Fresh Fruit/Ice cream
	Tossed Salad Soup Du Jour Assorted Hot Bread	Tossed Salad Soup Du Jour Assorted Hot Bread	Tossed Salad Soup Du Jour Assorted Hot Bread	Tossed Salad Soup Du Jour Assorted Hot Bread	Tossed Salad Soup Du Jour Garlic Bread	Tossed Salad Soup Du Jour Assorted Hot Bread	Tossed Salad Soup Du Jour Assorted Hot Bread
	Shrimp Fettuccine Roasted Turkey w/Gravy	Roasted pork Loin Southern Style Catfish	Pot Roast w/ Gravy Three Cheese Tortellini Red and White Sauce	Chicken piccata Meatloaf	Grilled Shrimp Meat Lasagna	BBQ Pork Ribs Chicken marsala	Pot Roast w/ Gravy Salmon w/ Garlic Tomato Sauce
	Corn Bread stuffing Steamed Baby Carrots Steamed Asparagus Mashed Potato	Steamed Spinach Jasmine rice Butternut Squash Steamed Green Beans	Roasted Parsnips Roasted Red potato Chef Choice vegetable	Mashed Baby Potatoes Wild Rice Fresh Asparagus Roasted Pepper Medley	Brown Rice Steamed Yellow Squash Sautéed Baby Spinach	Potato Salad* Egg Noodles Lemon Steamed Broccoli Chef Choice Vegetable	Mashed Potato Wild Rice Steamed Asparagus Baby Carrots
	Peach Cobbler Fresh Fruit/Ice cream Cookies	Coconut Custard pie Fresh Fruit/Ice cream Cookies	Frosted Cake Fresh Fruit/Ice cream Cookies	Blackberry Cobbler Fresh Fruit/Ice cream Cookies	Apple Streusel Coffee Cake Fresh Fruit/Ice cream Cookies	Assorted Cake Fresh Fruit	Cheese Cake Fresh Fruit/Ice cream Cookies

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