

July-29- August 4, 2018

	29	30	31	1	2	3	4
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LUNCH	Tossed Salad Soup Du Jour Assorted Hot Bread	Tossed Salad Soup Du Jour Assorted Hot Bread	Tossed Salad Soup Du Jour Assorted Hot Bread	Tossed Salad Soup Du Jour Assorted Hot Bread	Tossed Salad Soup Du Jour Assorted Hot Bread	Tossed Salad Soup Du Jour Assorted Hot Bread	Tossed Salad Soup Du Jour Assorted Hot Bread
	Chicken Cordon Bleu Italian Vegetable Blend Peas	Beef Stroganoff Fettucine Glazed Carrots	Cheese/Veggie Pizza Steamed Succotash	Roasted Chicken Macaroni & Cheese* Steamed Broccoli	Roasted Tukey Mashed Potatoes Green Beans	Spiral Sliced ham Sweet Potatoes Creamed Peas	Corned Beef Cooked Cabbage Root Vegetable Medley
	Tuna Salad/Potato Salad Cobb Salad	Southwestern Wrap Chef Choice Salad	BBQ Sandwich/Fries Greek Salad	Ham Salad Sandwich Pineapple /cottage cheese+	Egg Salad Sandwich Trio Salad* Plate	Hot Dogs/ Chili/fries Chef Choice Salad	Grilled Cheese Sandwich Chef Salad
	Chocolate Cake Fresh Fruit/Ice cream	Fruited Gelatin Fresh Fruit/Ice cream	Coconut Cake Fresh Fruit/Ice cream	Yellow cake w/ strawberries Fresh Fruit/Ice cream	Assorted Cakes/Pies Fresh Fruit/Ice cream	Lime Gelatin with Pineapple Fresh Fruit/Ice cream	Cheese Cake Fresh Fruit/Ice cream
DINNER	Tossed Salad Soup Du Jour Assorted Hot Bread	Tossed Salad Soup Du Jour Assorted Hot Bread	Tossed Salad Soup Du Jour Assorted Hot Bread	Tossed Salad Soup Du Jour Garlic Bread	Tossed Salad Soup Du Jour Assorted Hot Bread	Tossed Salad Soup Du Jour Assorted Hot Bread	Tossed Salad Soup Du Jour Assorted Hot Bread
	Spaghetti and Meatballs* Baked Tilapia Lemon Butter	Grilled Chicken Salad Shrimp Scampi	Pork Loin Pan Fried Tilapia	Quiche Lorraine Chicken Parmesan W/ -Marinara Sauce	Grilled Italian Chicken Breast Grilled Ham and Cheese	Seafood Platter Pot Roast W/Gravy	Grilled Salmon Grilled Shoulder tender Steak
	Herbed Couscous Steamed Broccoli Mixed Vegetables Garlic Bread	Baked Potato Steamed Squash Medley Brown Rice	Basmati Rice Mashed Potato w/ gravy Steam Kale	Fettuccine Kyoto Vegetable Bland Steamed Spinach	Wild Rice Venetian Vegetable Blend French Fries	Mashed Potato Steamed Chef Choice Cole Slaw	Rice Florentine Roasted Baby Potato Sautéed Pepper and Mushroom Steamed Broccoli
	Apple Pie Fresh Fruit/Ice cream Cookies	Cherry Cobbler Fresh Fruit/Ice cream Cookies	Cheese Cake Fresh Fruit/Ice cream Cookies	Angel Food Cake Fresh Fruit/Ice cream Cookies	Apple Cobbler Fresh Fruit/Ice cream Cookies	Orange Cake Fresh Fruit/Ice cream Cookies	Blackberry Cobbler Fresh Fruit/Ice cream Cookies

August 5-11, 2018

	5	6	7	8	9	10	11
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LUNCH	Tossed Salad Soup Du Jour Assorted Hot Bread	Tossed Salad Soup Du Jour Assorted Hot Bread	Tossed Salad Soup Du Jour Hot Biscuits	Tossed Salad Soup Du Jour Garlic Bread	Tossed Salad Soup Du Jour Assorted Hot Bread	Tossed Salad Soup Du Jour Biscuit	Tossed Salad Soup Du Jour Assorted Hot Bread
	Baked Ham Roasted Fuji Apple Steamed Green Bean	Hot Roast Beef Sandwich Mashed Potatoes Green Beans	Chicken Casserole Creamed Peas Steamed Broccoli	Meatloaf Eggs Noodle Steamed Carrots	Grilled Salmon Jasmine Rice Steamed Spinach	Beef Steak /w Gravy Mashed Potatoes Steamed Carrots	Chicken Wings* Cole Slaw Baked Beans
	Broccol & Cheddar Quiche Strawberry Salad	Crab Cake Sandwich Coleslaw Cottage Cheese/Fruit Plate+	Bologna^* Sandwich Onion Ring Chefs choice Salad	Fish fillet Sandwich French Fries Chefs choice Salad	Grilled Chicken Sandwich Potato Salad Chefs Salad	Turkey Salad on Croissants Tater Tots Chef's Choice Salad	Ham and Cheese on Rye Onion Ring Cottage Cheese in Tomato
	Carrot Cake Fresh Fruit/Ice cream	Gelatin with Fruit Fresh Fruit/Ice cream	Peach Cobbler Fresh Fruit/Ice cream	Lemon Cake Fresh Fruit/Ice cream	Gelatin w/ Fruit Cocktail Fresh Fruit/Ice cream	Sweet Potato pie Fresh Fruit/Ice cream	Red Velvet Cake Fresh Fruit/Ice cream
DINNER	Tossed Salad Soup Du Jour Garlic Bread	Tossed Salad Soup Du Jour Assorted Hot Bread	Tossed Salad Soup Du Jour Garlic Bread	Tossed Salad Soup Du Jour Assorted Hot Bread	Tossed Salad Soup Du Jour Garlic Bread	Tossed Salad Soup Du Jour Assorted Hot Bread	Tossed Salad Soup Du Jour Assorted Hot Bread
	Pan Fried Tilapia Meat Lasagna	Roasted Turkey w/ Gravy Manicotti	Salmon Croquette Spaghetti with Meat sauce W/ Marinara Sauce	Stir Fry Chicken Baked Cod fillet	BBQ Spare Rib Vegetable Lasagna	Crab cake Grilled Italian chicken Breast	Beef Tenderloin Three Cheese Ravioli W/ Red or white Sauce
	Key largo Vegetable Buttered Egg Noodles Steamed Kale	Baked Sweet Potato Sautéed Spinach Capri Vegetable Blend	Baked Potato Fresh Asparagus Steamed Squash	Fried Rice Venetian Vegetable Blend Penne Pasta	Green Bean Casserole Sliced Baked Beets Cole Slaw	Baked Winter Squash Steamed Asparagus Wild Rice	Mushrooms and Peppers San Franciscan Blend Veggies Baked Potato
	Chocolate Cake Fresh Fruit/Ice cream Cookies	Pecan Pie Fresh Fruit/Ice cream Cookies	Cheese Cake Fresh Fruit/Ice cream Cookies	Chef's Choice Fresh Fruit/Ice cream Cookies	Carrot Cake Fresh Fruit/Ice cream Cookies	Coffee Cake Fresh Fruit/Ice cream Cookies	Pecan Pie Fresh Fruit/Ice cream Cookies

August 12-18, 2018

	12	13	14	15	16	17	18
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LUNCH	Tossed Salad Soup Du Jour	Tossed Salad Soup Du Jour	Tossed Salad Soup Du Jour	Tossed Salad Soup Du Jour	Tossed Salad Soup Du Jour	Tossed Salad Soup Du Jour	Tossed Salad Soup Du Jour
	Roasted Chicken Steamed Broccoli Macaroni and cheese	Roasted Pork Steamed Kale Black-eyed Peas	Spaghetti with Meat Sauce Garlic Bread Zucchini Casserole	Baked Ham Yams Broccoli Rice Casserole	Southern Fried Chicken+ Green Beans Sweet Potato Fries	Three Cheese Ravioli Mariana or Alfredo Sauce Steamed Zucchini	Grilled Shrimp Crispy Fried Potatoes*
	Egg Salad Sandwich Grilled Steak Salad	Warm Chicken Ranch Wrap Chef Salad	Cottage Cheese W/ Tomato Ham Salad Sandwich w/chips	Chefs Choice Salad Sloppy Joe with Fries	Hot Dog Chicken BLT Salad French Frise	Turkey Reuben w/ Onion Rings Shrimp Salad	Steamed Brussel Sprouts
	Chocolate Cake Fresh Fruit/Ice cream	Carrot Cake Fresh Fruit/Ice cream	Pound Cake Fresh Fruit/Ice cream	Lemon Cake Fresh Fruit/Ice cream	Jell-O with Fruit Cocktail+ Fresh Fruit/Ice cream	Berry Cobbler Fresh Fruit/Ice cream	Hamburger Chef choice Salad Red Velvet Cake
DINNER	Tossed Salad Soup Du Jour	Tossed Salad Soup Du Jour	Tossed Salad Soup Du Jour	Tossed Salad Soup Du Jour	Tossed Salad Soup Du Jour	Tossed Salad Soup Du Jour	Tossed Salad Soup Du Jour
	Crab Stuffed Tilapia Baked Ham*	Grilled Chicken Veal Parmesan	Open Hot Roasted Turkey Sand Grilled Shrimp	Teriyaki Chicken Baked Cod fillet	Crab Stuffed Flounder Roasted Pork Tenderloin	Rainbow Trout Beef Stir Fry	Pot Roast w/Gravy Chicken Alfredo
	Baked Sweet Potato Basmati Rice Steamed Asparagus Steamed Squash	Parsley Noodles Green Beans Garlic Red Potato Carrots	Mashed Potat W /Gravy Peas Steamed Broccoli Stewed Tomatoes	Whole Wheat Pasta Brown Rice Steamed Kale Spring Vegetable Blend	Scalloped Potatoes Baby Carrot Chefs Vegetable Bland Baked Butternut Squash	Roasted Baby Potato Rice Blend Fresh Asparagus Fried Okra w/Onion	Mashed Potato w/Gravy Steamed Baby Carrot Steamed Broccoli
	Chef Choice Fresh Fruit/Ice cream Cookies	Cheese Cake Fresh Fruit/Ice cream Cookies	Peach Pie Fresh Fruit/Ice cream Cookies	Red velvet cake Fresh Fruit/Ice cream Cookies	Pumpkin Pie Fresh Fruit/Ice cream Cookies	Angel Food Cake Fresh Fruit/Ice cream Cookies	Assorted Desserts Fresh Fruit/Ice cream Cookies

August 19-25, 2018

	19	20	21	22	23	24	25
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LUNCH	<p>Tossed Salad Soup Du Jour Assorted Hot Bread</p> <p>Hawaiian Pineapple Ham Macaroni Cheese Green Bean Almandine</p> <p>Bacon Lettuce and Tomato Pineapple/Cottage Cheese+</p> <p>Cake Fresh Fruit/Ice cream</p>	<p>Tossed Salad Soup Du Jour Assorted Hot Bread</p> <p>Herbed Baked Tilapia W/ Lemon Garlic Butter Broccoli Rice Casserole</p> <p>Grilled Cheese with Tomato Trio Salad Plate*</p> <p>Lemon Cake Fresh Fruit/Ice cream</p>	<p>Tossed Salad Soup Du Jour Assorted Hot Bread</p> <p>Cheese Broccoli Stuffed- Chicken Cooked Cabbage French Fries</p> <p>BBQ Beef* Sandwich Turkey Salad Plate</p> <p>Apple Dumplings Fresh Fruit/Ice cream</p>	<p>Tossed Salad Soup Du Jour Cheddar Biscuit</p> <p>Turkey Chili Cole slaw Steamed Broccoli</p> <p>Corn Nuggets*^ Steak & Cheese w/Pota: Wedges Cobb Salad</p> <p>Coconut Cream Pie Fresh Fruit/Ice cream</p>	<p>Tossed Salad Soup Du Jour Assorted Hot Bread</p> <p>Chicken Tenders Cream Peas Steamed Carrot Potato Salad</p> <p>Turkey Salad Sandwich Chef Salad</p> <p>Banana Pudding+ Fresh Fruit/Ice cream</p>	<p>Tossed Salad Soup Du Jour Assorted Hot Bread</p> <p>Pub Battered Cod^ Coleslaw Baked Potato</p> <p>Chicken Parmesan Hoagie Ham Salad Plate</p> <p>Gelatin Fresh Fruit/Ice cream</p>	<p>Tossed Salad Soup Du Jour Assorted Hot Bread</p> <p>Marinated Grilled Chicken Steamed Chef Choice Green Beans</p> <p>Ham and Cheese Sandwich Onion Ring Trio Salad Plate</p> <p>Pound Cake w/ Strawberries Fresh Fruit/Ice cream</p>
DINNER	<p>Tossed Salad Soup Du Jour Assorted Hot Bread</p> <p>Shrimp Fettuccine Roasted Turkey w/Gravy</p> <p>Corn Bread stuffing Steamed Baby Carrots Steamed Asparagus Mashed Potato W/Gravy</p> <p>Peach Cobbler Fresh Fruit/Ice cream Cookies</p>	<p>Tossed Salad Soup Du Jour Assorted Hot Bread</p> <p>Roasted pork Loin Southern Style Catfish</p> <p>Steamed Sweet Corn Jasmine rice Butternut Squash Steamed Green Beans</p> <p>Coconut Custard pie Fresh Fruit/Ice cream Cookies</p>	<p>Tossed Salad Soup Du Jour Assorted Hot Bread</p> <p>Pot Roast w/ Gravy Three Cheese Tortellini Red and White Sauce</p> <p>Steamed Cauliflower Roasted Baby Potato Chef Choice vegetable</p> <p>Frosted Cake Fresh Fruit/Ice cream Cookies</p>	<p>Tossed Salad Soup Du Jour Assorted Hot Bread</p> <p>Chicken piccata Meatloaf</p> <p>Mashed Red Potatoes- W/Gravy Fresh Asparagus Roasted Pepper Medley Wild Rice Blackberry Cobbler Fresh Fruit/Ice cream Cookies</p>	<p>Tossed Salad Soup Du Jour Garlic Bread</p> <p>Grilled Shrimp Meat Lasagna</p> <p>Brown Rice Steamed Yellow Squash Sautéed Baby Spinach</p> <p>Apple Streusel Coffee Cake Fresh Fruit/Ice cream Cookies</p>	<p>Tossed Salad Soup Du Jour Assorted Hot Bread</p> <p>BBQ Pork Ribs Chicken marsala</p> <p>Potato Salad* Egg Noodles Lemon Steamed Broccoli Chef Choice Vegetable</p> <p>Assorted Cake Fresh Fruit Cookies</p>	<p>Tossed Salad Soup Du Jour Assorted Hot Bread</p> <p>Pot Roast w/ Gravy Salmon w/ Garlic Tomato Sauce</p> <p>Mashed Potato W/Gravy Wild Rice Steamed Asparagus Baby Carrots</p> <p>Cheese Cake Fresh Fruit/Ice cream Cookies</p>

August 26- September 1, 2018

	29	30	31	1	2	3	4
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LUNCH	Tossed Salad Soup Du Jour Assorted Hot Bread	Tossed Salad Soup Du Jour Assorted Hot Bread	Tossed Salad Soup Du Jour Assorted Hot Bread	Tossed Salad Soup Du Jour Assorted Hot Bread	Tossed Salad Soup Du Jour Assorted Hot Bread	Tossed Salad Soup Du Jour Assorted Hot Bread	Tossed Salad Soup Du Jour Assorted Hot Bread
	Chicken Cordon Bleu Italian Vegetable Blend Peas	Beef Burgundy Fettucine Glazed Carrots	Cheese/Veggie Pizza Steamed Succotash	Roasted Chicken Macaroni & Cheese* Steamed Broccoli	Roasted Tukey Mashed Potatoes Green Beans	Spiral Sliced ham Sweet Potatoes Creamed Peas	Corned Beef Cooked Cabbage Root Vegetable Medley
	Tuna Salad/ Potato Salad Cobb Salad	Southwestern Wrap Chef Choice Salad	BBQ Sandwich/Fries Greek Salad	Ham Salad Sandwich Pineapple /cottage cheese+	Egg Salad Sandwich Trio Salad* Plate	Hot Dogs/ Chili/fries Chef Choice Salad	Grilled Cheese Sandwich Chef Salad
	Chocolate Cake Fresh Fruit/Ice cream	Fruited Gelatin Fresh Fruit/Ice cream	Coconut Cake Fresh Fruit/Ice cream	Yellow cake w/ strawberries Fresh Fruit/Ice cream	Assorted Cakes/Pies Fresh Fruit/Ice cream	Lime Gelatin with Pineapple Fresh Fruit/Ice cream	Cheese Cake Fresh Fruit/Ice cream
DINNER	Tossed Salad Soup Du Jour Assorted Hot Bread	Tossed Salad Soup Du Jour Assorted Hot Bread	Tossed Salad Soup Du Jour Assorted Hot Bread	Tossed Salad Soup Du Jour Garlic Bread	Tossed Salad Soup Du Jour Assorted Hot Bread	Tossed Salad Soup Du Jour Assorted Hot Bread	Tossed Salad Soup Du Jour Assorted Hot Bread
	Spaghetti and Meatballs* Baked Tilapia Lemon Butter	Grilled Chicken Salad Shrimp Scampi	Pork Loin Pan Fried Tilapia	Quiche Lorraine Chicken Parmesan W/ -Marinara Sauce	Grilled Italian Chicken Breast Grilled Ham and Cheese	Seafood Platter Pot Roast W/Gravy	Grilled Salmon Grilled Shoulder tender Steak
	Herbed Couscous Steamed Broccoli Mixed Vegetables Garlic Bread	Baked Potato Steamed Squash Medley Brown Rice	Basmati Rice Mashed Potato w/ gravy Steam Kale Steamed Sweet Corn	Fettucine Kyoto Vegetable Bland Steamed Spinach	Wild Rice Venetian Vegetable Blend French Fries	Mashed Potato Steamed Chef Choice Cole Slaw	Rice Florentine Roasted Baby Potato Sautéed Pepper and Mushroom Steamed Broccoli
	Apple Pie Fresh Fruit/Ice cream Cookies	Cherry Cobbler Fresh Fruit/Ice cream Cookies	Cheese Cake Fresh Fruit/Ice cream Cookies	Angel Food Cake Fresh Fruit/Ice cream Cookies	Apple Cobbler Fresh Fruit/Ice cream Cookies	Orange Cake Fresh Fruit/Ice cream Cookies	Blackberry Cobbler Fresh Fruit/Ice cream Cookies