

Sunday December 3, 2017 - Saturday December 9, 2017

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LUNCH	Soup & Salad Roasted Chicken Steamed Broccoli Macaroni & Cheese Egg Salad Sandwich Grilled Steak Salad Chocolate Cake Fresh Fruit Ice Cream Cookies	Soup & Salad Shepherd's Pie Steamed Kale Warm Chicken Ranch Wrap Chef Salad Carrot Cake Fresh Fruit Ice Cream Cookies	Soup & Salad Spaghetti with Meat Sauce Garlic Bread Steamed Green Beans Cottage Cheese with Tomato Ham Salad Plate with Chips Pound Cake Fresh Fruit Ice Cream Cookies	Soup & Salad Baked Ham Yams Broccoli Rice Casserole Sloppy Joe with Fries Chef's Choice Salad Lemon Cake Fresh Fruit Ice Cream Cookies	Soup & Salad Southern Fried Chicken+ Green Beans Sweet Potato Fries Hot Dogs Chicken BLT Salad Jell-O with Fruit Cocktail+ Fresh Fruit Ice Cream Cookies	Soup & Salad Three Cheese Ravioli Marinara or Alfredo Sauce Steamed Zucchini Turkey Reuben with Onion Rings Shrimp Salad Berry Cobbler Fresh Fruit Ice Cream Cookies	Soup & Salad Grilled Shrimp Crispy Fried Potatoes* Steamed Brussel Sprouts Hamburger Chef's Choice Salad Red Velvet Cake Fresh Fruit Ice Cream Cookies
DINNER	Soup & Salad Crab Stuffed Tilapia Baked Ham* Baked Sweet Potato Basmati Rice Steamed Asparagus Steamed Squash Chef's Choice Fresh Fruit Ice Cream Cookies	Soup & Salad Grilled Chicken Veal Parmesan Parleyed Noodles Green Beans Garlic Red Potatoes Carrots Cheesecake Fresh Fruit Ice Cream Cookies	Soup & Salad Roasted Turkey Breast Grilled Shrimp Mashed Potatoes Peas Steamed Broccoli Stewed Tomatoes Peach Pie Fresh Fruit Ice Cream Cookies	Soup & Salad Teriyaki Chicken Baked Cod Fillet Whole Wheat Pasta Brown Rice Steamed Kale Venetian Vegetable Blend Red Velvet Cake Fresh Fruit Ice Cream Cookies	Soup & Salad Crab Stuffed Flounder Roasted Pork Tenderloin Escalloped Potatoes Baby Carrots Chef's Vegetable Bland Sautéed Squash Pumpkin Pie Fresh Fruit Ice Cream Cookies	Soup & Salad Rainbow Trout Beef Stir Fry Roasted Baby Potatoes Rice Blend Fresh Asparagus Fried Okra with Onion Angel Food Cake Fresh Fruit Ice Cream Cookies	Soup & Salad Pot Roast with Gravy Chicken Alredo Wild Rice Mashed Potatoes with Gravy Steamed Baby Carrots Steamed Broccoli Assorted Desserts Fresh Fruit Ice Cream Cookies

Assorted breads and beverages are offered upon request. Chef salad, hamburger or chicken tenders are always available. Please ask your server for details. Our food is prepared without the addition of salt. Salt and salt free seasonings are available at the table. Menu changes may occur. Consumption of raw or undercooked foods may increase your risk of food borne illness. *May be commercially prepared foods and may contain more sodium and fat. ^Fried and may contain a higher fat content. Most entrees are paired with a sauce and can be provided sauce-free to reduce fat, sodium and total calories. Desserts are suitable for diabetics and are served as small portions. A sugar-free, low-fat ice cream is also available.

Please note any changes or modifications to menu items on your individual menus.

Sunday December 10 - Saturday December 16, 2017

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LUNCH	Soup & Salad Hawaiian Pineapple Ham Macaroni & Cheese Green Bean Almandine Bacon, Lettuce, & Tomato Pineapple Cottage Cheese Cake Fresh Fruit Ice Cream Cookies	Soup & Salad Herbed Baked Tilapia with Lemon Garlic Butter Broccoli Rice Casserole Grilled Cheese with Tomato Trio Salad Plate* Lemon Cake Fresh Fruit Ice Cream Cookies	Soup & Salad Cheese Broccoli Stuffed Chicken Cooked Cabbage French Fries BBQ Beef* Sandwich Turkey Salad Plate Apple Dumplings Fresh Fruit Ice Cream Cookies	Soup & Salad Turkey Chili Cole Slaw Steamed Broccoli Corn Nuggets* [^] Ham & Cheese Panini Cobb Salad Coconut Cream Pie Fresh Fruit Ice Cream Cookies	Soup & Salad Chicken Casserole Cream Peas Steamed Carrots French Fries Turkey Salad Sandwich Chef Salad Banana Pudding+ Fresh Fruit Ice Cream Cookies	Soup & Salad Pub Battered Cod [^] Coleslaw Baked Potato Chicken Parmesan Hoagie Fiesta Chicken Salad Lemon Meringue Pie Fresh Fruit Ice Cream Cookies	Soup & Salad Marinated Grilled Chicken Steamed Chef's Choice Green Beans Ham & Cheese Sandwich Onion Rings Trio Salad Plate Pound Cake with Strawberries Fresh Fruit Ice Cream Cookies
DINNER	Soup & Salad Shrimp Fettuccine Roasted Turkey with Gravy Cornbread Stuffing Steamed Baby Carrots Steamed Asparagus Mashed Potatoes Peach Cobblers Fresh Fruit Ice Cream Cookies	Soup & Salad Roasted Pork Loin Southern Style Catfish Steamed Spinach Jasmine Rice Baked Sweet Potato Steamed Green Beans Coconut Custard Pie Fresh Fruit Ice Cream Cookies	Soup & Salad Pot Roast with Gravy Three Cheese Tortellini with Red and White Sauce Roasted Parsnips Roasted Red Potatoes Chef Choice Vegetable Frosted Cake Fresh Fruit Ice Cream Cookies	Soup & Salad Chicken Piccata Meatloaf Mashed Baby Potatoes Wild Rice Fresh Asparagus Roasted Pepper Medley Blackberry Cobbler Fresh Fruit Ice Cream Cookies	Soup & Salad Grilled Shrimp Meat Lasagna Brown Rice Steamed Yellow Squash Sautéed Baby Spinach Apple Streusel Coffee Cake Fresh Fruit Ice Cream Cookies	Soup & Salad BBQ* Pork Ribs Chicken Marsala Potato Salad* Egg Noodles Lemon Steamed Broccoli Chef's Choice Vegetable Assorted Cake Fresh Fruit Ice Cream Cookies	Soup & Salad Pot Roast with Gravy Salmon with Garlic Tomato Sauce Mashed Potatoes Wild Rice Steamed Asparagus Baby Carrots Cheesecake Fresh Fruit Ice Cream Cookies

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Sunday December 17 - Saturday December 23, 2017

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LUNCH	Soup & Salad Chicken Cordon Bleu Italian Vegetable Blend Tuna Salad Sandwich Potato Salad Cobb Salad Chocolate Cake Fresh Fruit Ice Cream Cookies	Soup & Salad Beef Burgundy Corn Muffin Fettucine Glazed Carrots Southern Western Wrap Grilled Chicken Salad Carrot Cake Fresh Fruit Ice Cream Cookies	Soup & Salad Cheese/Vegetable Pizza Steamed Succotash BBQ Sandwich French Fries Greek Salad Coconut Cake Fresh Fruit Ice Cream Cookies	Soup & Salad Roasted Chicken Macaroni & Cheese* Steamed Broccoli Chef Salad Pineapple/Cottage Cheese+ Yellow Cake with Strawberries Fresh Fruit Ice Cream Cookies	Soup & Salad Roasted Turkey Sweet Potatoes Green Beans Egg Salad Sandwich Trio Salad* Plate Assorted Cakes/Pies Fresh Fruit Ice Cream Cookies	Soup & Salad Spiral Sliced Ham Sweet Potatoes Creamed Peas Hot Dogs & Fries Chef's Choice Salad Lime Gelatin with Pineapple Fresh Fruit Ice Cream Cookies	Soup & Salad Chicken Casserole Turnip Greens Steamed Corn Grill Cheese Sandwich Chef Salad Cheesecake Fresh Fruit Ice Cream Cookies
DINNER	Soup & Salad Spaghetti and Meatballs* Baked Tilapia Lemon Butter Herbed Couscous Steamed Broccoli Mixed Vegetables Garlic Bread Apple Pie Fresh Fruit Ice Cream Cookies	Soup & Salad Grilled Chicken Asparagus Salad Shrimp Scampi Baked Potato Steamed Squash Medley Brown Rice Cherry Cobbler Fresh Fruit Ice Cream Cookies	Soup & Salad Pork Loin Pan Fried Tilapia Basmati Rice Mashed Potatoes with Gravy Steamed Kale Steamed Sweet Corn Cheesecake Fresh Fruit Ice Cream Cookies	Soup & Salad Meat Lasagna* Chicken Parmesan Fettucine Kyoto Vegetable Bland Sautéed Spinach Garlic Bread Angel Food Cake Fresh Fruit Ice Cream Cookies	Soup & Salad Grilled Italian Chicken Breast Grilled Ham & Cheese Baked Potato Venetian Vegetable Blend French Fries Apple Cobbler Fresh Fruit Ice Cream Cookies	Soup & Salad Seafood Platter Pot Roast with Gravy Mashed Potatoes Steamed Chef's Choice Coleslaw Orange Cake Fresh Fruit Ice Cream Cookies	Soup & Salad Grilled Salmon Grilled Shoulder Tender Steak Rice Florentine Roasted Baby Potatoes Sautéed Pepper & Mushrooms Steamed Broccoli Blackberry Cobbler Fresh Fruit Ice Cream Cookies

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Sunday December 24 - Saturday December 30, 2017

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LUNCH	Soup & Salad Hot Roast Beef Sandwich Mashed Potatoes Green Beans Greek Farro & Chickpea Salad Tuna Salad Plate	Soup & Salad Baked Ham Roasted Fuji Apples Steamed Broccoli Crab Cake Sandwich Coleslaw Cottage Cheese/Fruit Plate+	Soup & Salad Meatloaf Egg Noodles Steamed Green Bologna^* Sandwich Onion Rings Chef's Choice Salad	Soup & Salad Tuna Casserole Creamed Peas Steamed Carrots Seafood Salad Sandwich French Fries Chef's Choice Salad	Soup & Salad Grilled Salmon Jasmine Rice Steamed Squash Turkey & Avocado Wrap Potato Salad Chef's Salad	Soup & Salad Beef/Chicken Nachos Refried Beans Guacamole Grilled Cheese with Tomato Chef's Choice Salad	Soup & Salad Chicken Wings* Coleslaw Baked Beans Ham & Cheese on Rye Onion Rings
	Carrot Cake Fresh Fruit Ice Cream Cookies	Cherry Pie Fresh Fruit Ice Cream Cookies	Peach Cobbler Fresh Fruit Ice Cream Cookies	Lemon Cake Fresh Fruit Ice Cream Cookies	Gelatin with Fruit Cocktail Fresh Fruit Ice Cream Cookies	Sweet Potato Pie Fresh Fruit Ice Cream Cookies	Red Velvet Cake Fresh Fruit Ice Cream Cookies
DINNER	Soup & Salad Pan Fried Tilapia Meat Lasagna Key Largo Vegetable Buttered Egg Noodles Steamed Kale Chocolate Cake Fresh Fruit Ice Cream Cookies	Soup & Salad Shrimp & Tortellini with Tomato Garlic Sauce Roasted Turkey Sweet Potatoes Sautéed Spinach Basmati Rice Pecan Pie Fresh Fruit Ice Cream Cookies	Soup & Salad Salmon Croquette Spaghetti with Meat Sauce with Marinara Sauce Baked Potato Fresh Asparagus Steamed Squash Cheesecake Fresh Fruit Ice Cream Cookies	Soup & Salad Stir Fry Chicken Baked Cod Fillet Fried Rice Venetian Vegetable Blend Penne Pasta Chef's Choice Fresh Fruit Ice Cream Cookies	Soup & Salad Crab Cake Vegetable Lasagna Green Bean Casserole Sliced Baked Beets Rice Blend Carrot Cake Fresh Fruit Ice Cream Cookies	Soup & Salad BBQ Spare Ribs Grilled Italian Chicken Breast Chef's Choice Vegetable Steamed Asparagus Potato Salad Coffee Cake Fresh Fruit Ice Cream Cookies	Soup & Salad Beef Tenderloin Three Cheese Ravioli with Red or White Sauce Mushrooms and Peppers San Franciscan Vegetable Blend Baked Potato Pecan Pie Fresh Fruit Ice Cream Cookies

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Sunday December 31, 2017 - Saturday January 6, 2018

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
LUNCH	Soup & Salad Roasted Chicken Steamed Broccoli Macaroni & Cheese Egg Salad Sandwich Grilled Steak Salad Chocolate Cake Fresh Fruit Ice Cream Cookies	Soup & Salad Shepherd's Pie Steamed Kale Warm Chicken Ranch Wrap Chef Salad Carrot Cake Fresh Fruit Ice Cream Cookies	Soup & Salad Spaghetti with Meat Sauce Garlic Bread Steamed Green Beans Cottage Cheese with Tomato Ham Salad Plate with Chips Pound Cake Fresh Fruit Ice Cream Cookies	Soup & Salad Baked Ham Yams Broccoli Rice Casserole Sloppy Joe with Fries Chef's Choice Salad Lemon Cake Fresh Fruit Ice Cream Cookies	Soup & Salad Southern Fried Chicken+ Green Beans Sweet Potato Fries Hot Dogs Chicken BLT Salad Jell-O with Fruit Cocktail+ Fresh Fruit Ice Cream Cookies	Soup & Salad Three Cheese Ravioli Marinara or Alfredo Sauce Steamed Zucchini Turkey Reuben with Onion Rings Shrimp Salad Berry Cobbler Fresh Fruit Ice Cream Cookies	Soup & Salad Grilled Shrimp Crispy Fried Potatoes* Steamed Brussel Sprouts Hamburger Chef's Choice Salad Red Velvet Cake Fresh Fruit Ice Cream Cookies
DINNER	Soup & Salad Crab Stuffed Tilapia Baked Ham* Baked Sweet Potato Basmati Rice Steamed Asparagus Steamed Squash Chef's Choice Fresh Fruit Ice Cream Cookies	Soup & Salad Grilled Chicken Veal Parmesan Parleyed Noodles Green Beans Garlic Red Potatoes Carrots Cheesecake Fresh Fruit Ice Cream Cookies	Soup & Salad Roasted Turkey Breast Grilled Shrimp Mashed Potatoes Peas Steamed Broccoli Stewed Tomatoes Peach Pie Fresh Fruit Ice Cream Cookies	Soup & Salad Teriyaki Chicken Baked Cod Fillet Whole Wheat Pasta Brown Rice Steamed Kale Venetian Vegetable Blend Red Velvet Cake Fresh Fruit Ice Cream Cookies	Soup & Salad Crab Stuffed Flounder Roasted Pork Tenderloin Escalloped Potatoes Baby Carrots Chef's Vegetable Bland Sautéed Squash Pumpkin Pie Fresh Fruit Ice Cream Cookies	Soup & Salad Rainbow Trout Beef Stir Fry Roasted Baby Potatoes Rice Blend Fresh Asparagus Fried Okra with Onion Angel Food Cake Fresh Fruit Ice Cream Cookies	Soup & Salad Pot Roast with Gravy Chicken Alredo Wild Rice Mashed Potatoes with Gravy Steamed Baby Carrots Steamed Broccoli Assorted Desserts Fresh Fruit Ice Cream Cookies

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