

# DECEMBER 31-JANUARY 6, 2018

	31	1	2	3	4	5	6
	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
LUNCH	Tossed Salad Soup Du Jour  Roasted Chicken Steamed Broccoli Macaroni and cheese  Egg Salad Sandwich Grilled Steak Salad  Chocolate Cake Fresh Fruit/Ice cream	Tossed Salad Soup Du Jour  Roasted Pork Steamed Kale Blackeyed Peas  Warm Chicken Ranch Wrap Chef Salad  Carrot Cake Fresh Fruit/Ice cream	Tossed Salad Soup Du Jour  Spaghetti with Meat Sauce Garlic Bread Steamed Green Bean  Cottage Cheese W/ Tomato Ham Salad Sandwich w/chips  Pound Cake Fresh Fruit/Ice cream	Tossed Salad Soup Du Jour  Baked Ham Yams Broccoli Rice Casserole  Chefs Choice Salad Sloppy Joe wth Fries  Lemon Cake Fresh Fruit/Ice cream	Tossed Salad Soup Du Jour  Southern Fried Chicken+ Green Beans Sweet Potato Fries  Hot Dog Chicken BLT Salad  Jell-O with Fruit Cocktail+ Fresh Fruit/Ice cream	Tossed Salad Soup Du Jour  Three Cheese Ravioli Mariana or Alfredo Sauce Steamed Zucchini  Turkey Reuben with Onion Rings Shrimp Salad  Berry Cobbler Fresh Fruit/Ice cream	Tossed Salad Soup Du Jour  Grilled Shrimp Crispy Fried Potatoes*  Steamed Brussel Sprouts  Hamburger Chef choice Salad  Red Velvet Cake Fresh Fruit/Ice cream
	Tossed Salad Soup Du Jour  Crab Stuffed Tilapia Baked Ham*  Baked Sweet Potato Basmati Rice Steamed Asparagus Steamed Squash  Chef Choice Fresh Fruit/Ice cream Cookies	Tossed Salad Soup Du Jour  Grilled Chicken Veal Parmesan  Parsleied Noodles Green Beans Garlic Red Potato Carrots  Cheese Cake Fresh Fruit/Ice cream Cookies	Tossed Salad Soup Du Jour  Roasted Turkey Breast Grilled Shrimp  Mashed Potato Peas Steamed Broccoli Stewed Tomatoes  Peach Pie Fresh Fruit/Ice cream Cookies	Tossed Salad Soup Du Jour  Teriyaki Chicken Baked Cod fillet  Whole Wheat Pasta Brown Rice Steamed Kale Venetian Vegetable Blend  Red velvet cake Fresh Fruit/Ice cream Cookies	Tossed Salad Soup Du Jour  Crab Stuffed Flounder Roasted Pork Tenderloin  Scalloped Potatoes Baby Carrot Chefs Vegetable Bland Sauteed Squash  Pumpkin Pie Fresh Fruit/Ice cream Cookies	Tossed Salad Soup Du Jour  Rainbow Trout Beef Stir Fry  Roasted Baby Potato Rice Blend Fresh Asparagus Fried Okra w/Onion  Angel Food Cake Fresh Fruit/Ice cream Cookies	Tossed Salad Soup Du Jour  Pot Roast w/Gravy Chicken Alfredo  Mashed Potato w/Gravy Steamed Baby Carrot Steamed Broccoli  Assorted Desserts Fresh Fruit/Ice cream Cookies

Our food is prepared without the addition of salt, salt and salt free seasonings are available at the table. Menu changes may occur based on upon availability of foods.

Have a taste for something? Please give us a call at x 3847 to inquire about availability. Please note on your individual menu if you would like smaller or larger portions or entrees without sauce.

\* Items marked may be commercially prepared foods and may contain more sodium and fat than minimally processed "made from scratch"

Items marked with + denote a resident requested meal/food from a recent comment card.