

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>OCTOBER 2018</b>					
	<b>1</b> 9:30 Morning Stretch (WC) 10:30 Bingo (B) 1:00 Shuffleboard (P/B) 1:30 St. John's Rosary (PD) 2:00 Canasta (CR) 3:00 Ladies Coffee/Tea Club (RGR) 6:30 March Sisters Day – Anniversary of Little Women Movie Night (MT)	<b>2</b> 10:00 Pet Therapy w/Izzy (LR) 10:30 Crossword Puzzle (AR) 1:15 Say It With Music Trivia (MT) 2:00 Stretch, Strength & Balance (WC) 3:30 Nashville Standard (B) 6:30 Movie Night (MT)	<b>3</b> 9:30 Morning Stretch (WC) 10:00 Educate before you Medicate Information Session (O) 10:30 News Discussion (MT) 1:00 Travelogue – White House Tour (MT) 2:00 Strength & Yoga w/Sandy (WC) 3:00 TV Series – Call the Midwife (MT) 6:00 Rummikub (CR)	<b>4</b> 9:30 Weekly Chronicles (GR) 10:30 Bingo (B) 12:45 Walmart (O) 2:00 Stretch, Strength & Balance (WC) 3:00 Men's Coffee Club & Automobile over the years quiz (MT) 3:00 Art Class (AR) 6:00 Charleston Heston's 95 <sup>th</sup> Birthday Movie Night (MT)	<b>5</b> 9:00 Morning Stretch (WC) 9:30 Discussion w/Aubrey (MT) 10:30 Country Drive (O) 1:00 Uno w/Karen (CR) 2:00 Pretzel Month Social (B) 6:30 007 Day – James Bond Movie Night (MT)	<b>6</b> 10:30 Bingo (B) 1:30 Gospel Sing Along (B) 2:00 Popcorn & Movie (MT) 3:00 Trivia w/Bev(AR) 5:30 Rummikub (CR)
<b>7</b> 9:00 McLean Bible Church (MT) 10:30 Exercise Video (WC) 1:00 Resident Choice Board Games (CR) 2:00 Trinity Lutheran Church (B) 2:30 Movie Matinee (MT) 3:30 Puzzle Time (AR)	<b>8</b> 9:30 Morning Stretch (WC) 10:30 Bingo (B) 1:00 Corn Hole (P/B) 1:30 St. John's Rosary (PD) 2:00 Canasta (CR) 2:30 Presentation & Discussion w/Steve Herholtz (Historian) (MT) 3:00 Ladies Coffee/Tea Club (RGR) 6:30 Pet Therapy w/Wolfa (LR)	<b>9</b> 10:00 Pet Therapy w/Izzy (LR) 10:30 Pokeno (CR) 1:15 Question Quest Trivia (AR) 2:00 Stretch, Strength & Balance (WC) 3:00 Tasty Treats (MGR) 6:30 Movie Night (MT)	<b>10</b> 9:30 Morning Stretch (WC) 10:30 News Discussion (MT) 1:00 Everyday Life Photos (MT) 2:00 Strength & Yoga w/Sandy (WC) 3:00 TV Series – Call the Midwife (MT) 6:00 Prayer Service w/Becky (CR)	<b>11</b> 9:30 Weekly Chronicles (GR) 10:30 Bingo (B) 1:00 Resident/Staff Corn Hole Tournament (P/B) 2:00 Stretch, Strength & Balance (WC) 3:00 Men's Coffee Club (FL) 3:00 Art Class (AR) 6:00 Chasing Trane (MT)	<b>12</b> 9:00 Morning Stretch (WC) 9:30 Discussion w/Aubrey (MT) 10:30 Ghost Bingo (CR) 1:00 Uno w/Karen(CR) 2:00 Catholic Mass (PD) 2:30 Monthly Birthday Party (B) 6:30 Movie Night (MT)	<b>13</b> 10:30 Bingo (B) 1:00 Puzzle Time (AR) 2:00 Popcorn & Movie (MT) 3:00 Trivia w/Bev(AR) 5:30 Rummikub (CR)
<b>14</b> 9:00 McLean Bible Church (MT) 10:30 Exercise Video (WC) 1:00 Resident Choice Board Games (CR) 2:30 Movie Matinee (MT) 3:30 Puzzle Time (AR)	<b>15</b> 9:30 Morning Stretch (WC) 10:30 Bingo (B) 1:00 Shuffleboard (P/B) 1:30 St. John's Rosary (PD) 2:00 Canasta (CR) 3:00 Ladies Coffee/Tea Club (RGR) 6:30 Pet Therapy w/Wolfa (LR)	<b>16</b> 10:00 Pet Therapy w/Izzy (LR) 10:30 Crossword Puzzle (AR) 1:15 Wacky Words (MT) 2:00 Stretch, Strength & Balance (WC) 3:00 Tasty Treats (MGR) 6:30 Movie Night (MT)	<b>17</b> 9:30 Morning Stretch (WC) 10:30 News Discussion (MT) 1:00 Craft Time (AR) 2:00 Strength & Yoga w/Sandy (WC) 3:00 TV Series – Call the Midwife (MT) 6:00 Rummikub (CR)	<b>18</b> 9:30 Weekly Chronicles (GR) 10:30 Bingo (B) 12:45 Cupcake Heaven (O) 2:00 Stretch, Strength & Balance (WC) 2:00 Capital Caring Movie & Chat (MT) 3:00 Men's Coffee Club (FL) 3:00 Art Class (AR) 6:00 Hollywood Masters – Clint Eastwood (MT)	<b>19</b> 9:00 Morning Stretch (WC) 9:30 Discussion w/Aubrey (MT) 10:30 Hymns & Devotional (LR) 1:00 Uno w/Karen (CR) 2:00 Pizza Month Social (B) 6:30 Movie Night (MT)	<b>20</b> 10:30 Bingo (B) 1:00 Puzzle Time (AR) 2:00 Popcorn & Movie (MT) 3:00 Trivia w/Bev(AR) 5:30 Rummikub (CR)
<b>21</b> 9:00 McLean Bible Church (MT) 10:30 Exercise Video (WC) 1:00 Resident Choice Board Games (CR) 2:00 Grace Baptist Church (B) 2:30 Movie Matinee (MT) 3:30 Puzzle Time (AR)	<b>22</b> 9:30 Morning Stretch (WC) 10:30 Bingo (B) 1:00 Corn Hole (P/B) 1:30 St. John's Rosary (PD) 2:00 Canasta (CR) 3:00 Ladies Coffee/Tea Club (RGR) 6:30 Pet Therapy w/Wolfa (LR)	<b>23</b> 10:00 Pet Therapy w/Izzy (LR) 10:30 Crossword Puzzle (AR) 1:15 Question Quest Trivia (AR) 2:00 Stretch, Strength & Balance (WC) 3:00 Tasty Treats (MGR) 6:30 Movie Night (MT)	<b>24</b> 9:30 Morning Stretch (WC) 10:30 News Discussion (MT) 1:00 Book Club (MT) 2:00 Strength & Yoga w/Sandy (WC) 3:00 TV Series – Call the Midwife (MT) 6:00 Prayer Service w/Becky (CR)	<b>25</b> 9:30 Weekly Chronicles (GR) 10:30 Bingo (B) 12:45 Dollar Tree (O) 2:00 Stretch, Strength & Balance (WC) 3:00 Men's Coffee Club (FL) 3:00 Art Class (AR) 6:00 Oktoberfest (B)	<b>26</b> 9:00 Morning Stretch (WC) 9:30 Discussion w/Aubrey (MT) 10:30 Ghost Bingo (CR) 1:00 Uno w/Karen (CR) 2:00 Pumpkin Month Social (B) 3:00 Pokeno (CR) 6:30 Movie Night (MT)	<b>27</b> 10:30 Bingo (B) 1:00 Puzzle Time (AR) 2:00 Popcorn & Movie (MT) 3:00 Trivia w/Bev(AR) 5:30 Rummikub (CR)
<b>28</b> 9:00 McLean Bible Church (MT) 10:30 Exercise Video (WC) 1:00 Resident Choice Board Games (CR) 2:00 Joyful Noise (B) 2:30 Movie Matinee (MT) 3:30 Puzzle Time (AR)	<b>29</b> 9:30 Morning Stretch (WC) 10:30 Bingo (B) 1:00 Shuffleboard (P/B) 1:30 St. John's Rosary (PD) 2:00 Canasta (CR) 3:00 Ladies Coffee/Tea Club (RGR) 6:00 Fauquier Community Band Concert (O) 6:30 Pet Therapy w/Wolfa (LR)	<b>30</b> 9:30 Resident Council (CR) 10:00 Pet Therapy w/Izzy (LR) 10:30 Crossword Puzzle (AR) 1:15 This and That Trivia (MT) 2:00 Stretch, Strength & Balance (WC) 3:00 Bingo Challenge (\$1 to play – limit 12 players) (CR) 6:30 Movie Night (MT)	<b>31</b> 9:30 Morning Stretch (WC) 10:30 News Discussion (MT) 1:00 Mothball in the Attic (MT) 2:00 Strength & Yoga w/Sandy (WC) 2:30 Halloween Party (B) 3:00 TV Series – Call the Midwife (MT) 6:00 Rummikub (CR)			*Games are available to play all day in the card room. *Puzzles are available all day in the activities room. *With exception of when other scheduled activities are taking place.