

# MARCH 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Oven Fried Chicken Mashed Potatoes Green Beans  Tuna Salad/ Potato Salad Cobb Salad  Chocolate Cake	Cheese/Pep-oni Pizza Steamed Broccoli  Grilled Ham and Cheese Sand Chef Choice Salad  Fruited Gelatin	Beef Burgundy Fettucine Glazed Carrots  Southwestern Wrap Greek Salad  Coconut Cake	Chicken Tenders Macaroni & Cheese Steamed Succotash  Ham Salad Sandwich Pineapple /cottage cheese Carrot Cake	Roasted Tukey Mashed Potatoes Green Beans  Egg Salad Sandwich Trio Salad Plate  Cupcakes	Chicken and Waffles Fruit Compote  Hot Dogs/ Chili/fries Chicken Orange and Almond Salad Lime Gelatin with Pineapple	Cheese Burger Sweet Potato Fries Carrots and Broccoli Grilled Cheese Sandwich Carrot and Celery Sticks Turkey and Cheese Roll ups Cheese Cake
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
Spaghetti and Meat sauce Baked Tilapia Lemon Butter  Herbed Couscous Steamed Broccoli Mixed Vegetables Garlic Bread  Tiramisu	Grilled Chicken Salad Shrimp Scampi  Baked Potato Steamed Squash Medley Brown Rice  Red Velvet Cake	Pork Loin W/Sauce Pan Fried Tilapia  Basmati Rice Pierogies w/fr onion sr cream Steam Kale Steamed Sweet Corn  Raspberry Cheesecake	Ham and Spinach Quiche Hamburger Steak w Peppers and Onions  Steamed Carrots Steamed Spinach Baked Potato  Cookies and Cream	Lemon Thyme Roasted Chicken Corned Beef  Wild Rice Steamed Squash Cooked Cabbage Roasted Potato  Apple Cobbler	Grilled Salmon Pot Roast W/Gravy  Mashed Potato Steamed Baby Carrots Steamed Broccoli Rice Florentine  Lemon Cake	Fish and Chips Grilled Shoulder tender Steak  French Fries Roasted Baby Potato Sautéed Pepper and Mushroom Coleslaw  Blackberry Cobbler

# MARCH 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Baked Ham Roasted Fuji Apple Steamed Green Bean  Broccoli &Cheddar Quiche  Strawberry and Feta Salad  Carrot Cake	Open Hot Roast Beef Sandwich W/gravy Green Beans Mashed Potatoes W/Gravy Crab Cake Sandwich Coleslaw C.Cheese/Fruit Plate Gelatin with Fruit	Chicken Casserole Steamed Broccoli  Bologna Sandwich Onion Ring Cranberry Pecan Salad w/Grilled chicken Peach Cobbler	Meatloaf w/Gravy Egg Noodle Steamed Carrots  Fish fillet Sandwich French Fries Chefs choice Salad  Lemon Cake	Grilled Salmon Jasmine Rice Steamed Spinach  Grilled Chicken Sandwich Potato Salad Strawberry Spinach Salad  Gelatin w/ Fruit Cocktail	Beef Steak /w Gravy Mashed Potatoes W/Gravy Steamed Carrots French Connection Sandwich Tater Tots Celery and Carrot Sticks Sweet Potato pie	Chicken Wings Cole Slaw Baked Beans  Ham and Cheese on Rye or Roll up Onion Ring Cottage Cheese in Tomato  Chef's choice dessert
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
Pan Fried Tilapia Grilled Italian Chicken  Peas and Carrots Parmesan Egg Noodles Steamed Kale  Chocolate Cake	Roasted Turkey w/ Gravy Butternut Ravioli with White Sauce Baked Sweet Potato Sautéed Spinach Broccoli, Cauliflower and Carrots  Pecan Pie	Salmon Croquette Teriyaki beef  Steamed Cauliflower Fresh Asparagus Jasmine Rice  Cheese Cake	Stir Fry Chicken Baked Rockfish Fillet/w Sauce  Fried Rice Venetian Vegetable Blend Scalloped Potatoes  Chef's Choice	BBQ Spare Rib Vegetable Lasagna - W/Garlic Bread  Green Bean Casserole Sliced Baked Beets Cole Slaw  Peanut Butter Pie	Crab cake Grilled Italian chicken Breast  Squash Casserole Steamed Asparagus Brown Rice  Coffee Cake	Beef Tenderloin Baked Salmon Roasted Red pepper Sauce  Mushrooms and Peppers Steamed Spinach Baked Potato Wild Rice Pecan Pie

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Pepper Steak Steamed Broccoli Macaroni and cheese  Egg Salad Sandwich Grilled Steak Salad  Chocolate Cake	Stuffed Pepper Steamed kale  Corn Muffin Warm Chicken Ranch Wrap Chef Salad  Carrot Cake	Spaghetti and Meatball Garlic Bread Green Bean Casserole  Strawberry Spinach Salad Turkey Cranberry Sandwich  Cheesecake	Baked Ham Sweet Potato Casserole Green Beans  Grilled Cheese Sandwich Chicken BLT Salad  Chocolate Pie	Southern Fried Chicken Potato Salad Broccoli Rice Casserole  Soft Beef/Chicken Taco Chefs Choice Salad  Pumpkin Pie	Three Cheese Ravioli Mariana or Alfredo Sauce Steamed Zucchini  Turkey Reuben w/ Onion Rings Seafood Salad  Funnel Cake Fries	Stuffed Peppers Steamed Brussel Sprouts  Tuna Salad Sandwich Grilled Chicken over Greens  Lemon Cake
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
Crab Stuffed Tilapia Baked Ham  Baked Sweet Potato Basmati Rice Steamed Asparagus Steamed Squash  Cheese Cake	Grilled Chicken Corned Beef  Steamed Cabbage Green Beans Garlic Red Potato Carrots  Boston Cream Pie	Open Hot Roasted Turkey Sand Shrimp and Grits Mashed Potato W /Gravy Steamed Broccoli Stewed Tomatoes  Peach Pie	Baked Cod fillet Roasted Pork Loin  Buttered Noodles Broccoli and Cauliflower Steamed Mixed Greens  Cupcake	Crab Stuffed Flounder Chicken Ragu  Whole Wheat Pasta Potato wedges Steamed Spinach Carrots , squash and red peppers  Chefs Choice	Rainbow Trout Beef Stir Fry  Roasted Baby Potato Rice Blend Fresh Asparagus Mini Eggroll  Rice Pudding	Pot Roast w/Gravy Mushroom Ravioli White Sauce Mashed Potato w/Gravy Steamed Baby Carrot Steamed Broccoli  Cookies and Cream Pie

# MARCH 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Baked Ham Macaroni Cheese Green Beans	Beef Chili Cole slaw Corn Bread	Cheese Broccoli Stuffed- Chicken Steamed Squash	Manicotti with Red Sauce Steamed Broccoli	Grilled Chicken Breast Steamed Peas Steamed Carrot	Pub Battered Cod Coleslaw Baked Potato	Chicken Tenders Potato Salad Green Beans
Bacon Lettuce and Tomato Pineapple/Cottage Cheese+  Cake	Grilled Cheese with Tomato Almond Mandarin Salad with Chicken Lemon Cake	French Fries  BBQ Pork Sandwich Turkey Salad Plate Assorted Coffee Cake	Steak & Cheese W/fries Cobb Salad  Coconut Cream Pie	Turkey Salad Sandwich Chef Salad  Banana Pudding	French Connection Sandwich Beet Salad with Goat Cheese  Lemon Meringue Pie	Ham and Cheese Sandwich or Roll up Onion Ring Ham Salad Plate  Chef's Choice Dessert
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
Shrimp Fettuccine Roasted Turkey w/Gravy  Corn Bread stuffing Steamed Baby Carrots Steamed Kale Mashed Potato W/Gravy  Peach Cobbler	Roasted Pork Loin W/Sauce Southern Style Catfish  Steamed Sweet Corn Jasmine rice Butternut Squash Steamed Green Beans  Coconut Custard pie	Swedish Meatballs Chicken Pot Pie  Egg Noodles Coleslaw Steamed Broccoli  Frosted Cake	Chicken Piccata Meatloaf W/Gravy  Mashed Red Potatoes W/Gravy Wild Rice Fresh Asparagus Roasted Pepper Medley  Tapioca Pudding	Grilled Shrimp Meat Lasagna W/Garlic Brea  Brown Rice Steamed Yellow Squash Sautéed Baby Spinach Garlic Bread  Cannoli	BBQ Pork Ribs Chicken marsala  Potato Salad Egg Noodles Lemon Steamed Broccoli Chef Choice Vegetable  Peaches and Cream	Pot Roast w/ Gravy 3 Cheese Ravioli  Mashed Potato W/Gravy Wild Rice Steamed Asparagus Baby Carrots  Cheese Cake

# MARCH 2020

# APRIL 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>29</b>	<b>30</b>	<b>31</b>	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>	<b>LUNCH</b>
Oven Fried Chicken Mashed Potatoes Green Beans  Tuna Salad/ Potato Salad Cobb Salad  Chocolate Cake	Cheese/Pep-oni Pizza Steamed Broccoli  Grilled Ham and Cheese Sand Chef Choice Salad  Fruited Gelatin	Beef Burgundy Fettucine Glazed Carrots  Southwestern Wrap Greek Salad  Coconut Cake	Chicken Tenders Macaroni & Cheese Steamed Succotash  Ham Salad Sandwich Pineapple /cottage cheese Carrot Cake	Roasted Tukey Mashed Potatoes Green Beans  Egg Salad Sandwich Trio Salad Plate  Cupcakes	Chicken and Waffles Fruit Compote  Hot Dogs/ Chili/fries Chicken Orange and Almond Salad Lime Gelatin with Pineapple	Cheese Burger Sweet Potato Fries Carrots and Broccoli Grilled Cheese Sandwich Carrot and Celery Sticks Turkey and Cheese Roll ups Cheese Cake
<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>	<b>DINNER</b>
Spaghetti and Meat sauce Baked Tilapia Lemon Butter  Herbed Couscous Steamed Broccoli Mixed Vegetables Garlic Bread  Tiramisu	Grilled Chicken Salad Shrimp Scampi  Baked Potato Steamed Squash Medley Brown Rice  Red Velvet Cake	Pork Loin W/Sauce Pan Fried Tilapia  Basmati Rice Pierogis w/fr onion sr cream Steam Kale Steamed Sweet Corn  Raspberry Cheesecake	Ham and Spinach Quiche Hamburger Steak w Peppers and Onions  Steamed Carrots Steamed Spinach Baked Potato  Cookies and Cream	Lemon Thyme Roasted Chicken Corned Beef  Wild Rice Steamed Squash Cooked Cabbage Roasted Potato  Apple Cobbler	Grilled Salmon Pot Roast W/Gravy  Mashed Potato Steamed Baby Carrots Steamed Broccoli Rice Florentine  Lemon Cake	Fish and Chips Grilled Shoulder tender Steak  French Fries Roasted Baby Potato Sautéed Pepper and Mushroom Coleslaw  Blackberry Cobbler