



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1>February 2021</h1>						
	<b>1</b> 9:30 Daily Chronicle (RD) 10:00 Exercise Video TV Channel 2 (R) 1:30 Villa University – Dynasties, The Greatest of Their Kind – TV Channel 2 (R) 3:00 Afternoon Stretch Exercise – TV Channel 2 (R) 6:00 Channel 2 TV Series – Leave it to Beaver (R)	<b>2</b> 9:30 Daily Chronicle (RD) 10:00 Exercise Video TV Channel 2 (R) 1:30 Villa University – Seven Worlds One Planet – Channel 2 (R) 2:30 Treat Cart Pass (R) 3:00 Afternoon Stretch Exercise – TV Channel 2 (R) 6:00 Channel 2 TV Series – My Three Sons (R)	<b>3</b> 9:30 Daily Chronicle (RD) 10:00 Exercise Video TV Channel 2 (R) 2:00 Channel 2 TV new series – Heartland (R) 3:00 Afternoon Stretch Exercise – TV Channel 2 (R) 6:00 Channel 2 TV Series – The Waltons (R)	<b>4</b> 9:30 Daily Chronicle (RD) 10:00 Exercise Video TV Channel 2 (R) 2:30 Treat Cart Pass (R) 3:00 Afternoon Stretch Exercise – TV Channel 2 (R) 6:00 Channel 2 TV – Man’s Favorite Sport (R)	<b>5</b> 9:30 Daily Chronicle (RD) 10:00 Exercise Video TV Channel 2 (R) 1:30 Channel 2 TV Nature Series – The Mighty Weasel (R) 3:00 Afternoon Stretch Exercise – TV Channel 2 (R) 6:00 Channel 2 TV Series – 7 <sup>th</sup> Heaven (R)	<b>6</b> 9:30 Daily Chronicle (RD) 10:00 Exercise – TV Channel 2 (R) 1:00 Channel 2 Movie – Has Anybody Seen My Gal (R) 3:00 Channel 2 Sitting Stretch and Strength Exercise (R) 5:30 Channel 2 Evening TV Series – Little House on the Prairie (R)
<b>7</b> 9:30 Daily Chronicle (RD) 10:00 Channel 2 McLean Bible Church (R) 1:00 Classic Movie TV Channel 2 - Pillow Talk (R) 3:00 Sitting Tai Chi Exercise Video – Channel 2 (R) 5:30 Channel 2 - Laverne and Shirley (R)	<b>8</b> 9:30 Daily Chronicle (RD) 10:00 Bingo (B) 10:00 Exercise Video TV Channel 2 (R) 1:30 Villa University – Dynasties, The Greatest of Their Kind – TV Channel 2 (R) 2:00 High Roller Dice (B) 3:00 Afternoon Stretch Exercise (B) 6:00 Channel 2 TV Series – Leave it to Beaver (R)	<b>9</b> 9:30 Daily Chronicle (RD) 10:00 National Pizza Day Scavenger Hunt (C) 10:00 Exercise Video TV Channel 2 (R) 1:30 Villa University – Seven Worlds One Planet – Channel 2 (R) 2:00 Women’s Coffee (B) 3:00 Afternoon Stretch Exercise (B) 6:00 Channel 2 TV Series – My Three Sons (R)	<b>10</b> 9:30 Daily Chronicle (RD) 10:00 Bingo (B) 10:00 Exercise Video TV Channel 2 (R) 2:00 Channel 2 TV new series – Heartland (R) 2:00 Nix the Six Dice Game (B) 3:00 Afternoon Stretch Exercise (B) 6:00 Channel 2 TV Series – The Waltons (R)	<b>11</b> 9:30 Daily Chronicle (RD) 10:00 New Currents & Discussion (MT) 10:00 Exercise Video TV Channel 2 (R) 1:30 Name That Instrument (MT) 2:30 Treat Cart Pass (R) 3:00 Afternoon Stretch Exercise – TV Channel 2 (R) 6:00 Channel 2 TV Series – Strange Bedfellows (R)	<b>12</b> 9:30 Daily Chronicle (RD) 10:00 Bingo (B) 10:00 Exercise Video TV Channel 2 (R) 1:30 Channel 2 TV Nature Series – Moose – Life of a Twig Eater (R) 2:00 Valentine’s Party (B) 3:00 Sitting Tai Chi Exercise Video – Channel 2 (R) 6:00 Channel 2 TV Series – 7 <sup>th</sup> Heaven (R)	<b>13</b> 9:30 Daily Chronicle (RD) 10:00 Exercise Video TV Channel 2 (R) 1:00 Channel 2 Movie – Nights in Rodanthe (R) 3:00 Channel 2 Sitting Stretch and Strength Exercise (R) 5:30 Channel 2 Evening TV Series – Little House on the Prairie (R)
<b>14</b> 9:30 Daily Chronicle (RD) 10:00 Channel 2 McLean Bible Church (R) 1:00 Classic Movie TV Channel 2 - Lover Come Back (R) 3:00 Sitting Tai Chi Exercise Video – Channel 2 (R) 5:30 Channel 2 - Laverne and Shirley (R)	<b>15</b> 9:30 Daily Chronicle (RD) 10:00 Bingo (B) 10:00 Exercise Video TV Channel 2 (R) 1:30 Villa University – Dynasties, The Greatest of Their Kind – TV Channel 2 (R) 2:00 High Roller Dice (B) 3:00 Afternoon Stretch Exercise (B) 6:00 Channel 2 TV Series – Leave it to Beaver (R)	<b>16</b> 9:30 Daily Chronicle (RD) 10:00 Pick Your Number Scavenger Hunt (C) 1:30 Villa University – Seven Worlds One Planet – Channel 2 (R) 2:00 Women’s Coffee (B) 3:00 Afternoon Stretch Exercise (B) 6:00 Channel 2 TV Series – My Three Sons (R)	<b>17</b> 9:30 Daily Chronicle (RD) 10:00 Bingo (B) 10:00 Exercise Video TV Channel 2 (R) 2:00 Nix the Six Dice Game (B) 2:00 Channel 2 TV new series – Heartland (R) 3:00 Afternoon Stretch Exercise (B) 6:00 Channel 2 TV Series – The Waltons (R)	<b>18</b> 9:30 Daily Chronicle (RD) 10:00 New Currents & Discussion (MT) 10:00 Exercise Video TV Channel 2 (R) 1:30 Buzzword (MT) 2:30 Treat Cart Pass (R) 3:00 Afternoon Stretch Exercise – TV Channel 2 (R) 6:00 Channel 2 TV Series – A Very Special Favor (R)	<b>19</b> 9:30 Daily Chronicle (RD) 10:00 Bingo (B) 10:00 Exercise Video TV Channel 2 (R) 1:30 Channel 2 TV Nature Series – DUCKumentary (R) 2:00 February Birthday Party (B) 2:30 Sitting Tai Chi Exercise Video – Channel 2 (R) 6:00 Channel 2 TV Series – 7 <sup>th</sup> Heaven (R)	<b>20</b> 9:30 Daily Chronicle (RD) 10:00 Exercise Video TV Channel 2 (R) 1:00 Channel 2 Movie - Big Stone Gap (R) 3:00 Channel 2 Sitting Stretch and Strength Exercise (R) 5:30 Channel 2 Evening TV Series – Little House on the Prairie (R)
<b>21</b> 9:30 Daily Chronicle (RD) 10:00 Channel 2 McLean Bible Church (R) 1:00 Classic Movie TV Channel 2 - Send Me No Flowers (R) 3:00 Sitting Tai Chi Exercise Video – Channel 2 (R) 5:30 Channel 2 - Laverne and Shirley (R)	<b>22</b> 9:30 Daily Chronicle (RD) 10:00 Bingo (B) 10:00 Exercise Video TV Channel 2 (R) 1:30 Villa University – Dynasties, The Greatest of Their Kind – TV Channel 2 (R) 2:00 High Roller Dice (B) 3:00 Afternoon Stretch Exercise (B) 6:00 Channel 2 TV Series – Leave it to Beaver (R)	<b>23</b> 9:30 Daily Chronicle (RD) 10:00 Go on a Safari Month Scavenger Hunt (C) 1:30 Villa University – Seven Worlds One Planet – Channel 2 (R) 2:00 Treat Cart Pass (R) 2:00 Women’s Coffee (B) 3:00 Afternoon Stretch Exercise (B) 6:00 Channel 2 TV Series – My Three Sons (R)	<b>24</b> 9:30 Daily Chronicle (RD) 10:00 Bingo (B) 10:00 Exercise Video TV Channel 2 (R) 2:00 Nix the Six Dice Game (B) 2:00 Channel 2 TV new series – Heartland (R) 3:00 Afternoon Stretch Exercise (B) 6:00 Channel 2 TV Series – The Waltons (R)	<b>25</b> 9:30 Daily Chronicle (RD) 10:00 New Currents & Discussion (MT) 10:00 Exercise Video TV Channel 2 (R) 1:30 Where in the World (MT) 2:30 Treat Cart Pass (R) 3:00 Afternoon Stretch Exercise – TV Channel 2 (R) 6:00 Channel 2 TV Series - Blindfold (R)	<b>26</b> 9:30 Daily Chronicle (RD) 10:00 Bingo (B) 10:00 Exercise Video TV Channel 2 (R) 1:30 Channel 2 TV Nature Series – Leave it to BEAVERS documentary (R) 2:00 Girl Scout Cookies Social (B) 2:30 Sitting Tai Chi Exercise Video – Channel 2 (R) 6:00 Channel 2 TV Series – 7 <sup>th</sup> Heaven (R)	<b>27</b> 9:30 Daily Chronicle (RD) 10:00 Exercise Video TV Channel 2 (R) 1:00 Channel 2 Movie – Come September (R) 3:00 Channel 2 Sitting Stretch and Strength Exercise (R) 5:30 Channel 2 Evening TV Series – Little House on the Prairie (R)
<b>28</b> 9:30 Daily Chronicle (RD) 10:00 Channel 2 McLean Bible Church (R) 1:00 Classic Movie TV Channel 2 - The Thrill of it All (R) 3:00 Sitting Tai Chi Exercise Video – Channel 2 (R) 5:30 Channel 2 - Laverne and Shirley (R)			<b>This calendar is subject to change pending test results. <u>If</u> changes are made we will pass out daily activity sheets.</b>		<b><u>Games, puzzles (word finds, crosswords, etc), jigsaw puzzles, books, coloring, etc are available. If you would like some brought to your room let us know and the items will be provided.</u></b>	