

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# March 2025

## The Villa at Suffield Meadows: Assisted Living



<p><b>9:00</b> Daily Chronicle (R) <b>2</b>  <b>10:30</b> Live Sunday Service w/ Chaplain Becky (CR)  <b>2:00</b> Movie &amp; Popcorn – “The Cat in the Hat (2003)” (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>3</b>  <b>10:30</b> Bingo (B)  <b>2:00</b> News Currents Discussion (MT)  <b>3:00</b> Stretching &amp; Relaxation w/ Sandy (WC)  <b>5:45</b> Movie Night w/ Chaplain Becky (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>4</b>  <b>10:30</b> Sing-along w/ Jeff (MT)  <b>1:30</b> Crossword Puzzle (AR)  <b>2:00</b> Pet Therapy w/ Poppy (LR)  <b>2:30</b> Mardi Gras Party (B)  <b>5:45</b> PBS “Frontline” (MT)  <i>Mardi Gras</i></p>	<p><b>9:00</b> Daily Chronicle (R) <b>5</b>  <b>9:30</b> Communion &amp; Prayers (B)  <b>9:30</b> Triad Meeting (O)  <b>1:00</b> Ash Wednesday w/ Chaplain Becky (MT)  <b>3:00</b> Strengthen &amp; Meditation w/ Sandy (WC)  <b>4:00</b> Happy Hour/Music w/ Mike Henry (LR)  <b>5:45</b> “American Experience” (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>6</b>  <b>9:30</b> Mardi Gras Scavenger Hunt (C)  <b>10:30</b> Devotions &amp; Communion w/ Chaplain Becky (MT)  <b>1:00</b> Pet Therapy w/ Cooper (LR)  <b>2:00</b> Who Am I? (MT)  <b>3:00</b> Journaling w/ Marie (AR)  <b>5:45</b> PBS “Baby Animals” (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>7</b>  <b>10:30</b> Bingo (B)  <b>10:30</b> Fauquier County Library (O)  <b>1:00</b> Games w/ Karen (CR)  <b>2:00</b> Resident Mix &amp; Mingle (LR)  <b>3:00</b> Star of the Month (MT)  <b>5:45</b> Friday Night Movie – “Cleopatra (1963)” (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>8</b>  <b>2:00</b> “Mamma Mia! (2008)” (MT)  <b>3:00</b> Active Adult Exercise w/ Sandy (WC)</p>	
<p><b>9:00</b> Daily Chronicle (R) <b>9</b>  <b>1:45</b> “Joseph &amp; the Amazing Technicolor Dreamcoat” at Journey Theater (O)  <b>2:00</b> Movie &amp; Popcorn - “Thirteen Going on Thirty (2004)” (MT)  <i>Daylight Saving Time Begins</i></p>	<p><b>9:00</b> Daily Chronicle (R) <b>10</b>  <b>10:30</b> Discussion w/ Steve H. (MT)  <b>2:00</b> News Currents Discussion (MT)  <b>3:00</b> Stretching &amp; Relaxation w/ Sandy (WC)  <b>5:45</b> PBS “All Creatures Great &amp; Small” (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>11</b>  <b>10:30</b> Sing-along w/ Jeff (MT)  <b>1:00</b> Resident Council (CR)  <b>2:00</b> Pet Therapy w/ Poppy (LR)  <b>3:00</b> St. Patrick’s Day Crafts (AR)  <b>5:45</b> PBS “Frontline” (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>12</b>  <b>9:30</b> Communion &amp; Prayers (B)  <b>10:30</b> Walmart (O)  <b>2:00</b> Book Club (LR)  <b>3:00</b> Strengthen &amp; Meditation w/ Sandy (WC)  <b>4:00</b> Happy Hour/Music w/ Pete the Folksinger (LR)  <b>5:45</b> “American Experience” (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>13</b>  <b>9:30</b> St. Patrick’s Scavenger Hunt (C)  <b>10:30</b> Devotions &amp; Communion w/ Chaplain Becky (MT)  <b>1:00</b> Pet Therapy w/ Cooper (LR)  <b>2:00</b> Where Am I? (MT)  <b>5:45</b> PBS “Baby Animals” (MT)  <i>Purim Begins</i></p>	<p><b>9:00</b> Daily Chronicle (R) <b>14</b>  <b>10:30</b> Bingo (B)  <b>1:00</b> Games w/ Karen (CR)  <b>2:00</b> St. Patrick’s Day Social (B)  <b>4:00</b> Music w/ Shortfall Band (LR)  <b>5:45</b> Friday Night Movie – “The Water Horse – Legend of the Deep (2008)” (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>15</b>  <b>11:00</b> Piano Tunes w/ Matthew (LR)  <b>2:00</b> “How to Train Your Dragon (2014)” (MT)  <b>3:00</b> Active Adult Exercise w/ Sandy (WC)</p>	
<p><b>9:00</b> Daily Chronicle (R) <b>16</b>  <b>9:30</b> McLean Bible Church (MT)  <b>2:00</b> Joyful Noise (B)  <b>3:00</b> Movie &amp; Popcorn – “Gilligan’s Island” (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>17</b>  <b>10:30</b> Bingo (B)  <b>2:00</b> News Currents Discussion (MT)  <b>3:00</b> Stretching &amp; Relaxation w/ Sandy (WC)  <b>5:45</b> PBS “All Creatures Great &amp; Small” (MT)  <i>St. Patrick’s Day</i></p>	<p><b>9:00</b> Daily Chronicle (R) <b>18</b>  <b>10:30</b> Sing-along w/ Jeff (MT)  <b>1:30</b> Crossword Puzzle (AR)  <b>2:00</b> Pet Therapy w/ Poppy (LR)  <b>3:00</b> Spring Vases Craft (Pt.1) (AR)  <b>5:45</b> PBS “Frontline” (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>19</b>  <b>9:30</b> Communion &amp; Prayers(B)  <b>10:30</b> Target (O)  <b>1:00</b> Greeting Committee (CR)  <b>3:00</b> Strengthen &amp; Meditation w/ Sandy (WC)  <b>4:00</b> Happy Hour/Music w/ Adam K. (LR)  <b>5:45</b> “American Experience” (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>20</b>  <b>9:30</b> Spring Scavenger Hunt (C)  <b>10:30</b> Devotions &amp; Communion w/ Chaplain Becky (MT)  <b>11:00</b> Piano Tunes w/ Matthew (LR)  <b>1:00</b> Pet Therapy w/ Cooper (LR)  <b>3:00</b> Rosary &amp; Prayers w/ Petey (CR)  <b>5:45</b> PBS “Baby Animals” (MT)  <i>Spring Begins</i></p>	<p><b>9:00</b> Daily Chronicle (R) <b>21</b>  <b>10:30</b> Bingo (B)  <b>11:00</b> St. John’s Catholic Mass (CR)  <b>1:00</b> Games w/ Karen (CR)  <b>2:00</b> Monthly Birthday Party/Music w/ Adam K. (B)  <b>5:45</b> Friday Night Movie – “The Kid (2000)” (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>22</b>  <b>2:00</b> “The Lost City (2022)” (MT)  <b>3:00</b> Active Adult Exercise w/ Sandy (WC)</p>	
<p><b>9:00</b> Daily Chronicle (R) <b>23</b>  <b>9:30</b> McLean Bible Church (MT)  <b>2:00</b> Movie &amp; Popcorn – “I Love Lucy” (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>24</b>  <b>10:30</b> Bingo (B)  <b>2:00</b> News Currents Discussion (MT)  <b>3:00</b> Stretching &amp; Relaxation w/ Sandy (WC)  <b>5:45</b> PBS “All Creatures Great &amp; Small” (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>25</b>  <b>10:30</b> Sing-along w/ Jeff (MT)  <b>1:30</b> Crossword Puzzle (AR)  <b>2:00</b> Pet Therapy w/ Poppy (LR)  <b>3:00</b> Spring Vases Craft (Pt. 2) (AR)  <b>5:45</b> PBS “Frontline” (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>26</b>  <b>9:30</b> Communion &amp; Prayers (B)  <b>10:30</b> HomeGoods (O)  <b>2:00</b> Travelogue – “Nile River” (MT)  <b>3:00</b> Strengthen &amp; Meditation w/ Sandy (WC)  <b>4:00</b> Resident Mix &amp; Mingle (LR)  <b>5:45</b> “American Experience” (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>27</b>  <b>9:30</b> Nutritious Scavenger Hunt (C)  <b>10:30</b> Devotions &amp; Communion w/ Chaplain Becky (MT)  <b>11:00</b> Nashville Standard (LR)  <b>1:00</b> Pet Therapy w/ Cooper (LR)  <b>2:00</b> What Am I? (MT)  <b>5:45</b> PBS “Baby Animals” (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>28</b>  <b>10:30</b> Bingo (B)  <b>1:00</b> Games w/ Karen (CR)  <b>2:00</b> Hop into Spring Social (B)  <b>3:00</b> Ancient Egypt Trivia (MT)  <b>5:45</b> Friday Night Movie – “Cinderella (1950)” (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>29</b>  <b>2:00</b> Movie w/ Girl Scouts Troop #90196 – “Nanny McPhee (2005)” (MT)  <b>3:00</b> Active Adult Exercise w/ Sandy (WC)</p>	
<p><b>9:00</b> Daily Chronicle (R) <b>30</b>  <b>9:30</b> McLean Bible Church (MT)  <b>2:00</b> Movie &amp; Popcorn – “A Beautiful Day in the Neighborhood (2019)” (MT)</p>	<p><b>9:00</b> Daily Chronicle (R) <b>31</b>  <b>10:30</b> Bingo (B)  <b>2:00</b> News Currents Discussion (MT)  <b>3:00</b> Stretching &amp; Relaxation w/ Sandy (WC)  <b>5:45</b> PBS “All Creatures Great &amp; Small” (MT)</p>	<p style="text-align: center;">*Activities subject to change based on circumstances. Please see Activities with any questions.</p>					

O – Outing MT – Movie Theater B – Bistro R – Room AR – Art/Activity Room CR – Card Room LR – Living Room C – Common Areas WC – Wellness Center